



News Notes

#1092 A weekly bulletin for residents of Auroville 14 August 2025



Photo by Katiya

To find the soul, you must go deep within, like this, draw back from the surface, withdraw deep within and enter, enter, enter, go down, down, down into a very deep hole, silent, immobile, and there, there's a kind of... something warm, quiet, rich in substance and very still, and very full, like a sweetness—that is the soul.

Mother, Questions and Answers, 1957—1958

Pondering



The soul in direct touch with the divine Truth is hidden in man by the mind, the vital being and the physical nature... If the soul is awakened, if there is a new birth out of the mere mental, vital and physical into the psychic consciousness, then the Yoga can be done; otherwise... it is impossible.

Sri Aurobindo, The Mother with Letters on The Mother

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House of Mother's Agenda

(continued from last week)

He ended and upon the falling sound
 A power went forth that shook the founded spheres
 And loosed the stakes that hold the tents of form.
 Absolved from vision's grip and the folds of thought,
 Rapt from her sense like disappearing scenes
 In the stupendous theatre of Space
 The heaven-worlds vanished in spiritual light.
 A movement was abroad, a cry, a word,
 Beginningless in its vast discovery,
 Momentless in its unthinkable return:
 Chaired in calm seas she heard the eternal Thought
 Rhythming itself abroad unutterably
 In spaceless orbits and on timeless roads.
 In an ineffable world she lived fulfilled.
 An energy of the triune Infinite,
 In a measureless Reality she dwelt,
 A rapture and a being and a force,
 A linked and myriad-motioned plenitude,
 A virgin unity, a luminous spouse,
 Housing a multitudinous embrace
 To marry all in God's immense delight,
 Bearing the eternity of every spirit,
 Bearing the burden of universal love,
 A wonderful mother of unnumbered souls.
 All things she knew, all things imagined or willed:
 Her ear was opened to ideal sound,
 Shape the convention bound no more her sight,
 A thousand doors of oneness was her heart.
 A crypt and sanctuary of brooding light
 Appeared, the last recess of things beyond.
 Then in its rounds the enormous fiat paused,
 Silence gave back to the Unknowable
 All it had given. Still was her listening thought.
 The form of things had ceased within her soul.
 Invisible that perfect godhead now.
 Around her some tremendous spirit lived,
 Mysterious flame around a melting pearl,
 And in the phantom of abolished Space
 There was a voice unheard by ears that cried:
 "Choose, spirit, thy supreme choice not given again;
 For now from my highest being looks at thee
 The nameless formless peace where all things rest.
 In a happy vast sublime cessation know,—
 An immense extinction in eternity,
 A point that disappears in the infinite,—
 Felicity of the extinguished flame,
 Last sinking of a wave in a boundless sea,
 End of the trouble of thy wandering thoughts,
 Close of the journeying of thy pilgrim soul.
 Accept, O music, weariness of thy notes,
 O stream, wide breaking of thy channel banks."
 The moments fell into eternity.
 But someone yearned within a bosom unknown

And silently the woman's heart replied:
 "Thy peace, O Lord, a boon within to keep
 Amid the roar and ruin of wild Time
 For the magnificent soul of man on earth.
 Thy calm, O Lord, that bears thy hands of joy."
 Limitless like ocean round a lonely isle
 A second time the eternal cry arose:
 "Wide open are the ineffable gates in front.
 My spirit leans down to break the knot of earth,
 Amorous of oneness without thought or sign
 To cast down wall and fence, to strip heaven bare,
 See with the large eye of infinity,
 Unweave the stars and into silence pass."
 In an immense and world-destroying pause
 She heard a million creatures cry to her.
 Through the tremendous stillness of her thoughts
 Immeasurably the woman's nature spoke:
 "Thy oneness, Lord, in many approaching hearts,
 My sweet infinity of thy numberless souls."
 Mightily retreating like a sea in ebb
 A third time swelled the great admonishing call:
 "I spread abroad the refuge of my wings.
 Out of its incommunicable deeps
 My power looks forth of mightiest splendour, stilled
 Into its majesty of sleep, withdrawn
 Above the dreadful whirlings of the world."
 A sob of things was answer to the voice,
 And passionately the woman's heart replied:
 "Thy energy, Lord, to seize on woman and man,
 To take all things and creatures in their grief
 And gather them into a mother's arms."
 Solemn and distant like a seraph's lyre
 A last great time the warning sound was heard:
 "I open the wide eye of solitude
 To uncover the voiceless rapture of my bliss,
 Where in a pure and exquisite hush it lies
 Motionless in its slumber of ecstasy,
 Resting from the sweet madness of the dance
 Out of whose beat the throb of hearts was born."
 Breaking the Silence with appeal and cry
 A hymn of adoration tireless climbed,
 A music beat of winged uniting souls,
 Then all the woman yearningly replied:
 "Thy embrace which rends the living knot of pain,
 Thy joy, O Lord, in which all creatures breathe,
 Thy magic flowing waters of deep love,
 Thy sweetness give to me for earth and men."

(to be continued next week)

Sri Aurobindo, Savitri—II, Part Three

Book Eleven: The Book of Everlasting Day

Canto I: The Eternal Day:

The Soul's Choice and the Supreme Consummation

<https://incarnateword.in/cwsa/34/the-eternal-day-the-souls-choice-and-the-supreme-consummation>

Gangalakshmi (HOMA)

Townhall Speaks

CITY SERVICES CONTRIBUTIONS AND PAYMENTS

July 2025

Summary	Unspecified	Specified	Total
Buffer Opening Balance (BOB)	17,63,52,545	—	17,63,52,545
Monthly Contributions (Int. + Ext)	1,79,58,549	12,88,840	1,92,47,389
Total Contributions (OB+Monthly Inc)	19,43,11,094	12,88,840	19,55,99,934
Total Payments	1,89,11,229	12,88,840	2,02,00,069
CS Ending Balance (Includes BOB)	17,53,99,865	—	17,53,99,865
Monthly loss/ gain			-9,52,680

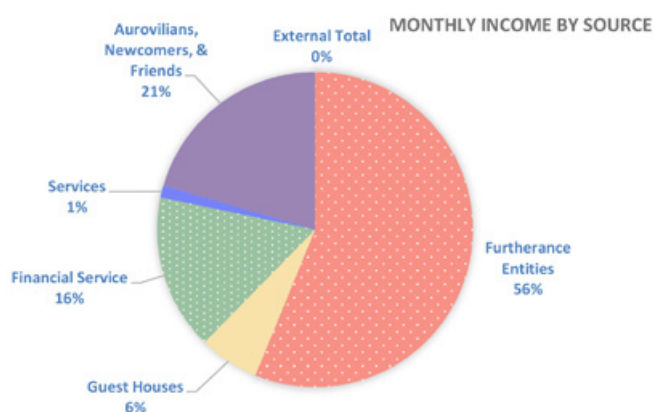
Internal Contributions

Source	Unspecified	Specified	Total
Furtherance Entities	1,03,45,322	4,66,810	1,08,12,132
Guest Houses	11,79,526	4,000	11,83,526
Financial Services	30,00,000	69,770	30,69,770
Services	2,41,300	—	2,41,300
Aurovilians, Newcomers, & Friends	31,92,401	7,48,260	39,40,661
Internal Total	1,79,58,549	12,88,840	1,92,47,389

External Contributions

Government of India for SAIER	—	—	—
Government of India for Other	—	—	—
Other Contribution	—	—	—
Project Contributions	—	—	—
Foreign Contributions	—	—	—
External Total	—	—	—

Monthly Income by Source



- **Paper version:** Read full report at the end of the issue
- **E-Version:** [Read full report here](#)

BCC Team
(Angurajan, Arthi, Kalaiarasi, Kalaimathi,
Kaileshvaari, Punniyakodi, Raji)

NOTICE

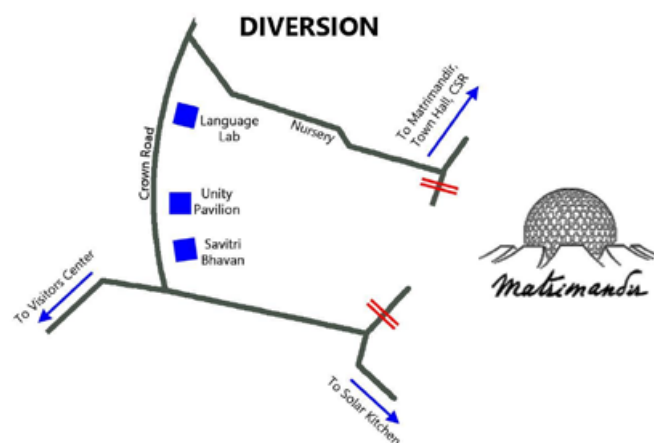
of Road Diversion

To enable the development of the Western portion of the Matrimandir Lake, the road in front of Matrimandir, stretching between Matrimandir Viewing Point Entrance and Town Hall, will be closed from Monday, the 4th of August 2025.

Instead the traffic will be diverted as follows:

- When coming from Bharat Nivas, traffic for the Matrimandir office gate, Town Hall complex, Auroville Foundation, Auromode and CSR will be **diverted** via the Crown in front of Savitri Bhavan, Unity Pavilion, Language Lab, and then via the new road (to the right if Darkali is straight ahead of you) next to the the Matrimandir Nursery.
- When coming from CSR, Town Hall complex, and Matrimandir, traffic for Bharat Nivas area, Visitors Center and the International Zone will be **diverted** via the new road next to the Matrimandir Nursery, turning left at the Crown in front of the Language Lab, Unity Pavilion and Savitri Bhavan.
- All those wanting to go to the Solar Kitchen area from the Town Hall complex will, for the moment, use the Residential Zone route, taking the Crown in front of Surrender, Humanscapes and Kalpana.
- Once the Darkali bridge work is complete the Crown will connect all the areas, and the new road next to the Matrimandir Nursery will be closed.

Please refer to the map below:



The newly prepared road next to the Matrimandir Nursery as a diversion, between the Language Lab and the old Town Hall road in front of the Matrimandir, has been illuminated with street lights.

L'avenir d'Auroville team
Joel,
resource person

YOU ARE INVITED

to a Residents' Interactive Session

14 August, 3:30—4:30pm

@ Unity Pavilion

Dear Residents, you are invited to a Residents' Interactive Session organized by the Working Groups, to be held on 14 August, from 3:30 to 4:30pm at the Unity Pavilion.

The Working Groups will be sharing some important updates, and your participation is highly encouraged.

We look forward to seeing you there.

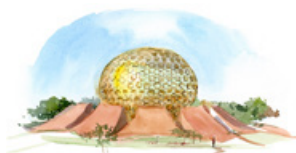
The Working Committee,
Anu, Arun, Joseba,
Partha, Selvaraj, Tine

Community News

Matrimandir News & Schedules

This is he that expresses the powers of the gods, the untameable who speeds on its way this our sacrifice, this is the seer who comes with the wine of sweetness in his hands.

Translation by Sri Aurobindo, Hymn to Agni



COLLECTIVE MEDITATION

for Sri Aurobindo's Birthday with Dawn-fire

Friday, 15 August 2025, 4:45—6am

@ Matrimandir Amphitheatre

Entrance from the **Second Banyan Gate** (Viewing Point Gate) **only**, Parking as per instruction below

- **Open from 4am**
- All are requested to be seated by 4:45am
- **The gate will remain closed from 5 to 6am**

Important Information

The Dawn-fire meditation at the Amphitheatre of the Matrimandir is an opportunity for individuals to experience inner silence in a unique collective setting. To maintain the special atmosphere, everyone is requested to maintain complete silence.

- Please note that during the meditation, from 5 to 6am the **gates will remain closed**. **Latecomers** may join in **after 6am**. Access is limited to the Amphitheatre and up to 7am only.

Cell phones, Cameras, Tablets and other recording devices are strictly not allowed in the Park of Unity, the Matrimandir Gardens and the Amphitheatre. You may leave your belongings at home, in your vehicle or deposit them at the 'Custody Facility' near the designated parking area outside the Park of Unity. Matrimandir Management will try to take utmost care of your items, but will not be responsible for theft or damage of items deposited at the "Custody Facility".

Please do not bring your pets to the Matrimandir.

Through your participation, you can help make the collective meditation a precious moment of inner experience.

Traffic and Parking Instruction

All are requested to **avoid coming by car**.

Parking for two wheelers only will be at the Second Banyan (a short walk from the road to the West Gate), **parking cars at the Second Banyan is not permitted**, cars will have to park on the old Matrimandir road.

People coming from Town Hall side will have to use the diversion road to reach the second Banyan.

Thanking all in advance for your understanding and co-operation.

Evening Program

- **6pm @ Amphitheatre:** Savitri Music
 - Entrance from the Office Gate from 5:30 to 5:45pm only.
 - Last entry for guests at 5:50pm.
 - Guests need to bring along their Aurocard

Bonne Fête and see you there
Matrimandir Executives
Antoine, Divya, John, Judith, Sundar

MATRIMANDIR NEWSLETTER

August 2025

Matrimandir

August 2025



[Please read the issue here](#)

Submitted by John

MATRIMANDIR

Access Information

Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of **silence**.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends to the Gardens daily, 9am—3:30pm.
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Savi registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book at mmconcentration@auroville.org.in one or two days in advance.

Access to the Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday: 6—8am, 4:30—7:30pm.
Sunday: 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to SAVI registered Volunteers:

- Wednesday—Monday, 8—8:40am.
Arrival at 7:45am at the Office Gate.

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in

- Any day except Tuesday & Sunday:
8—8:35am. Arrival at 7:45am at the Office Gate.

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in

- Tuesday 8—8:30am.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point: The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of cost. Free passes can be obtained at the Auroville Visitors Centre.

- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Starting from the Visitors Centre. Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Visiting Matrimandir with Family and Friends

Kindly note the following points regarding bringing family and close friends to the Matrimandir.

- **The Park of Unity:** Aurovilians may bring close family and friends (maximum 3, not guests) to the Gardens: 9am—3:30pm.
 - 4:30—6pm, with prior information to mmconcentration@auroville.org.in the latest by 11am on the day of the visit.
- **The Inner Chamber of Matrimandir:** Aurovilians with close family and friends (max. 3, not guests):
 - **Monday to Saturday** (Tuesday morning Closed) 8—8:35am. Arrival 7:45am at the Office Gate with prior booking to mmconcentration@auroville.org.in
- **Thursday Meditations at sunset with Savitri:** The guests with Aurocard wanting to attend the Savitri meditation on Thursday evening in the Amphitheatre have to book by filling in the form at the address <https://bit.ly/savitri-reading>.

The Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders: **Daily 7—8am, 5—6pm.**

Antoine
for Matrimandir Executives Team

AMPHITHEATRE
Meditations at sunset with Savitri
6—6:30pm, every Thursday
weather permitting



Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book at mmconcentration@auroville.org.in one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheater only** from 5:45pm. Guests are requested to bring along their Aurocards. **Last entry for guests** at 6pm. Access limited for guests to the Amphitheatre
- **Last exit for guests** at 6:45pm.

Velmurugan for Access team

Lands for Auroville

LANDS FOR AUROVILLE UNIFIED (LFAU)

Auroville Centre for Urban Research, Administrative Area,
Auroville—605101, Tamil Nadu, India

Acres for Auroville (A4A): Celebrating "An eternal birth"!

Today is Sri Aurobindo's 153th birthday. The Mother called it "an eternal birth" and elaborated it further as follows:



"Physically, it means that the consequences of this birth will last as long as the Earth. The consequences of Sri Aurobindo's birth will be felt throughout the entire existence of the Earth. And so I called it "eternal", a little poetically.

Mentally, it is a birth the memory of which will last eternally. Through the ages Sri Aurobindo's birth will be remembered, with all the consequences it has had.

Psychically, it is a birth which will recur eternally, from age to age, in the history of the universe. This birth is a manifestation which takes place periodically, from age to age, in the history of the Earth. That is, the birth itself is renewed, repeated, reproduced, bringing every time perhaps something more—something more complete and more perfect—but it is the same movement of descent, of manifestation, of birth in an earthly body.

And finally, from the purely spiritual point of view, it could be said that it is the birth of the Eternal on Earth. For each time the Avatar takes a physical form it is the birth of the Eternal himself on Earth.

All that, contained in two words: "eternal birth". (Ref. CWM. Vol. 9, p. 178, 4 Sept 1957)

On this day, in 2014, "Acres for Auroville" (A4A) was founded. A look back over the last 11 years gives a sense, not of satisfaction, but of significance, of relevance, of meaning, and even of celebration! More than 187 acres of previously missing Master Plan land have been secured through purchase or land exchanges over the last 11 years. The land need in the planned city or urban area of Auroville have been reduced from 140 acres to approximately 40 acres! Thanks to the goodwill and collaboration of donors and friends, A4A provides funding support at every step towards land consolidation, including purchase, registration of new land, land protection, and fencing.

A look at the contemporary world with the advent of AI and the convergence of various other technologies gives the impression that the world is becoming increasingly virtual. But in Sri Aurobindo's worldview, the physical world and matter are of utmost importance. They are the basis upon which the new life and new creation are to grow. Hence, when we secure the land, which in turn provides a material base for Auroville to grow in matter, we are celebrating "an eternal birth". Of course, this is not true just for A4A but for all activities and developments on the material plane that aim for the new creation upon earth, which are, in their way, also celebrating the eternal birth that Sri Aurobindo stands for.

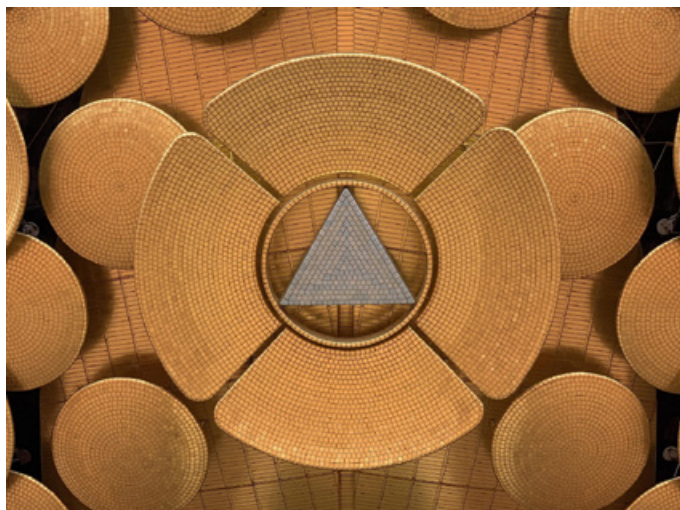
*With trust in Auroville's bright future,
Aryadeep, Mandakini*

- **Please specify your donations** for "Acres for Auroville" via check, bank transfer or online: Donating & Tax Deductibility information for Indian donors and for Foreign donors: <https://land.auroville.org/new-banking-information/>
- **News, videos, and land information:**
 - www.land.auroville.org
- **Contact:** lfau@auroville.org.in

Manda

THE ACRES FOR AUROVILLE LAND CAMPAIGN

15 August, Sri Aurobindo's Birth Anniversary
A4A's Year 12 begins!



Matrimandir's West Gate—Mahasaraswati
Perfection and Realization



A new spirit of oneness will take hold of the human race

There is no better way of honoring this landmark date than by remembering Sri Aurobindo's "Five Dreams"—broadcast on All India Radio on the eve of India's Independence, 15 August 1947. In it, he laid out a vision for the future of the world and humanity that he said were works in progress—but also a certitude. Here are some excerpts from two of his "dreams" that relate to our dream for Auroville—the first collective experiment created by The Mother to further and help manifest Sri Aurobindo's great vision:

"... a world-union forming the outer basis of a fairer, brighter and nobler life for all mankind. That unification of the human world is under way ... struggling against tremendous difficulties ... but even then the final result is sure. For unification is a necessity of Nature, an inevitable movement ... an outward basis is not enough; there must grow up an international spirit and outlook ... A new spirit of oneness will take hold of the human race."

"... a step in evolution which would raise man to a higher and larger consciousness and begin the solution of the problems which have perplexed and vexed him since he first began to think and to dream of individual perfection and a perfect society. ... The difficulties in the way are more formidable than in any other field of endeavour, but difficulties were made to be overcome and if the Supreme Will is there, they will be overcome."

In Auroville, when entering the Matrimandir, we pass through the passageways that represent the Higher Forces of Wisdom, Strength, Harmony and Perfection. These are the inner qualities we need for the outer work—the difficult, but inevitable, realizations of Unity and Consciousness that are the reasons for the creation and existence of Auroville.

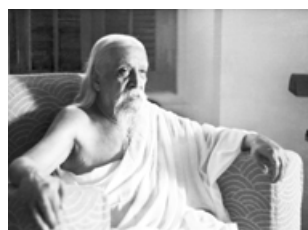
A4A is now in its 12th year of solidarity fundraising to consolidate and protect Auroville's City & Greenbelt land—and the area around the Matrimandir. Join us for ensuring a secure future for Auroville's physical body & base!

- **For Donating & Tax Deductibility** (Indian & Foreign): <https://land.auroville.org/new-banking-information/>
- **News, videos, and land information:** www.land.auroville.org
- **Contact:** lfau@auroville.org.in

Mandakini

Awakening Spirit

SRI AUROBINDO'S ROOM DARSHAN on 15 August, 2025



Dear friends, To celebrate Sri Aurobindo's Birthday, the Sri Aurobindo Ashram will open Sri Aurobindo's Room for Darshan on 15 August 2024.

Darshan is open to all

There are three options to visit Sri Aurobindo's Room on that day:

- **Early Morning: from 4am onwards**
 - You may join the general Darshan queue. No tokens are needed until the meditation at the Samadhi begins.
- **After the Meditation: from 6:40am onwards**
 - Entry will be by token only. Tokens can be collected at the booth near the Ashram Post Office.
 - Please note: you may need to wait or return later, at the time indicated on your token.
- **Afternoon: 12pm—3:30pm**
 - Auroville residents may pre-book tokens for this time slot at Pitanga. Details for registration are below.

Token Registration for Auroville Residents (including Newcomers)

- **Wednesday, 6 August & Thursday, 7 August**
9am—12pm and 3pm—5pm
@ Pitanga, Samasti

Volunteers and guests of Auroville are welcome to collect their tokens directly at the Ashram on Darshan day.

Transportation: As Darshan falls on a Friday, please see Paulette's announcement elsewhere in the News for transport details.

We are grateful to the Sri Aurobindo Ashram for its continued cooperation with Auroville on Darshan days.

Andrea for Pitanga's team

PONDY TRIPS ON DARSHAN DAY: 15 August

15 August is Sri Aurobindo's birthday, and also India's Independence Day.

The Auroville SAIER bus

- will leave at 3pm via the ordinary route and
- will return from Pondy at 6pm

to allow those willing to use AV's collective transport the visit of Sri Aurobindo's room.

- Tokens are required.

This is not a commercial bus and the offer is only for Aurovilians and newcomers having darshan.

Paulette

BRAHMANASPATI KSHETRAM

BRAHMANASPATI KSHETRAM The Mother Sri Aurobindo Centre <i>Work only for the Divine</i> No.3/134, Kalathu Mettu Street Edayanchavadi, Auroville kshetram2014@auroville.org.in Location	Calendar of regular events of August 2025 Every Tuesday 6:45 - 7:30pm Savitri Reading Every Thursday & all Sri Aurobindo Ashram Darshan days 6:00 - 6:30pm Meditation Every Friday 6:00 - 7:00pm, reading "The Mother's Questions & Answers- Vol-7" in English 8th, Friday at 7:15 - 7:45pm full moon, reciting Sri Aurobindo's Gayatri Mantra
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Rajan

SAVITRI BHAVAN SCHEDULE, AUGUST 2025



Exhibitions

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **A Special Exhibition in the month of Sri Aurobindo's Birthday:** The Mother and Auroville. An Exhibition of handwritten messages by the Mother. To remind ourselves about the aim and purpose of Auroville with the hand written messages on Auroville.
 - From 11—30 August @ Square Hall

Films: Mondays, 4pm

- **18 August: Sri Aurobindo & the Earth's Future—From Darkness to Light, Episode 2—The Secret Revolutionary Leader.** This second episode covers Sri Aurobindo's life from 1900 till 1906: his work in Baroda, his wedding with Mrinalini Devi, his discovery of Indian Spirituality and Sri Ramakrishna's teaching, and his early involvement in the Indian freedom struggle as a secret revolutionary leader. *Duration: 56min.*

Already in England, Sri Aurobindo studied the revolutionary movements in France and Ireland and was deeply inspired to work for India's freedom. During his time in Baroda, he began to be involved in the Indian freedom struggle.

In December 1904, at the Congress session in Bombay, together with Tilak, he criticized the Congress politics of endless compromises and useless petitions and advocated passive resistance, non-cooperation, and complete independence.

Also, he advised starting groups and training freedom fighters to mobilize the people of the country. Of great help in this endeavour, the song *Vande Mataram*, 'I praise you, Motherland', became popular amongst political activists and freedom fighters in 1905. This poem was written by Bankim Chandra Chatterjee in the 1870s.

Sri Aurobindo was also advised by a friend to practice yoga, but he boldly refused because he wanted to work for the freedom of his country and had no interest in attaining salvation for himself alone, which was the usual goal of yoga practice. Nevertheless, further experiences and reflections on how great beings are working successfully suggested to him that the power of yoga could help for the freedom of India.

Sri Aurobindo began to practice 'Pranayama', achieving some remarkable results. He wrote: *"First, I felt a sort of electricity all around me. Secondly, there were some visions of a minor kind. Thirdly, I began to have a very rapid flow of poetry. With 'Pranayama' I found that the mind began to work with great illumination and power".*

Sri Aurobindo pursued his yoga practice in a scientific way with detailed observation and experimentation, reaching ever-new and higher levels of existence.

This film—written and directed by Olivier Barot with the kind help of Bob Zwicker & Christine Devin and voiceovers by Shrishti Dangi, Hamish Boyd and Aravinda Maheshwari—is produced for Educational Purposes by Sri Aurobindo Trust, London, and Andakosha Pictures, Auroville.

It is [available on Olivier Barot's website](#).

- **25 August: Sri Aurobindo & the Earth's Future—From Darkness to Light, Episode 3—**This episode relates to Sri Aurobindo's life in Bengal from 1906 till 1910. *Duration: 57min.*

Full Moon Gathering

- **Saturday, 9 August, 7:15-8:15pm**
in front of Sri Aurobindo's statue

Dream Divine Series

This initiative is designed especially for newcomers, aiming to provide a deeper understanding of the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and the Mother, and the principles of Integral Yoga. The series will feature interviews, lectures, and presentations by Aurovilians and Ashramites through video documentaries and live talks followed by interactive Q&A sessions. A wide range of topics will cover the richness and diversity of Auroville's vision, life, and reality.

- **22 August, 4—5pm @ Sangam Hall:**
The Theory of Karma: an Aurobindonian Perspective, Talk by Asesh Joshi

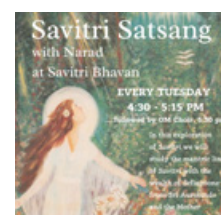


Everyone is welcome

- **29 August: Auroville the Golden Bond:**
Film by A. Michele Decoust

Savitri Satsang with Narad @ Savitri Bhavan

- **Every Tuesday, 4:30—5:15pm**
followed by OM Choir, 5:30pm



In this exploration of Savitri we will study the mantric lines of Savitri with the wealth of definitions from Sri Aurobindo and the Mother.

The Mother's words on Savitri:

"Savitri, the Supreme revelation of Sri Aurobindo's vision."

"... Savitri, that marvellous prophetic poem which will be humanity's guide towards its future realisation."

"... all the rest is preparation, while Savitri is the Message."

"The importance of Savitri is immense. Its subject is universal. Its revelation is prophetic. The time spent in its atmosphere is not wasted."

Body's Love for Divine

One hour deeper body practices drawing illumination from Savitri, Mother's Agenda and Huta's paintings.

- **2 and 16 August, Saturdays, 4—5pm**
- **Facilitator: Arul Dev**
- **@ Sangam Hall of Savitri Bhavan, Everyone is welcome**

Explorations:

Being conscious of all parts of body / Looking conscious breath with body / Moving awareness from the surface to the depth of body / Practicing Aspiration, Rejection and Surrender within body / Body's link to Vastness, Silence and Light Above head / Body's link to Cave of our heart / Body's link to Sacred Source in the sub-conscious / Releasing memory imprints, blankness and suggestions of dissolution / Discovering our body's substance that has its own subtle light and joy / Discovering body's aspiration and love for Divine / Learning to wait for the Divine to act.

About the Facilitator:

Arul Dev has been sharing his inner work through his books 'Into Great Depth of Your Being' and 'The Flame Within'. Post his engineering graduation, for 30 years he has been in the field of training, coaching, inner development, integral education and human resources consulting. In Integral Yoga his deep research is deeper body practices in the light of Mother's Agenda, Savitri and other works of The Mother and Sri Aurobindo. He practices and shares inner work with others for the transformation of entanglements in the body at the level of sensations, energy, emotions, thoughts and memories. The aspiration is to be fully aware of our body in all its cells and open its substance to connect to Divine Qualities, being in a fully receptive state.

OM Choir

- Fridays at 6pm @ Ashram School, Pondicherry
- Tuesdays at 5:30pm @ Savitri Bhavan, Auroville

*The voice that chants to the creator Fire,
The symbolled OM,
the great assenting Word. Savitri*

Please join us in this collective aspiration, in the form of a united prayer.

All are welcome, no prior singing experience required

OM is the signature of the Lord.

OM: I implore the Supreme Lord.



Talks of Dr. Alok Pandey

on Sri Aurobindo's Essays on the Gita

- Wednesdays,
13 and 27 August,
4—5pm @ Sangam Hall.
All are welcome



Regular Activities

- **Sundays 10:30—12pm:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** How to find the soul—Theory & Practice led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays 4—5pm:** Savitri Satsang led by Narad
- **Tuesdays 5:30—6:30pm** OM Choir led by Narad
- **Mondays to Saturdays 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Thursdays 4—5:30pm:** Reading Savitri in Russian with Anatoli
- **Fridays 3—4pm:** Reflections on 'Release of Ego' part 2 of Ch.9 from The Synthesis of Yoga led by Dr. Jai Singh
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm

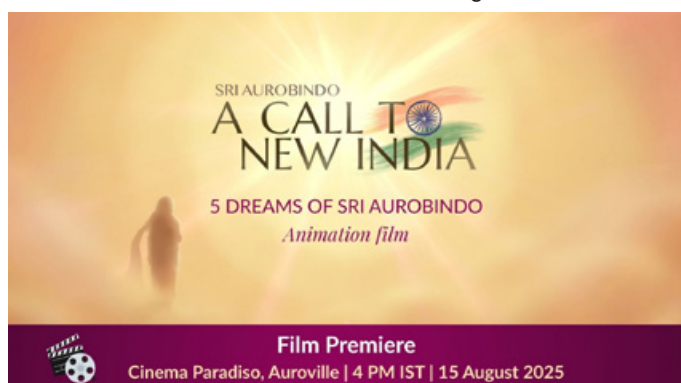
*Margrit & Dhanalakshmi
for Savitri Bhavan*

FILM PREMIERE:

Sri Aurobindo—A Call to New India

Cinema Paradiso, 4pm, 15 August

Animation, 12 minutes, English



- To learn more about the film, please visit:
<https://www.anewdawn.in/>

Manoj for the Film Team

SRI AUROBINDO'S LIFE AND VISION

guides our collective journey



SAIER invites EVERYONE to gather as a community—to read, play, create, and celebrate. A day for inspiration, learning and shared remembrance—let's make this celebration a living tribute.

- www.saiier.org/bonne-fete/

Nilima for SAIER

FROM AMAZON TO GANGA: A CELESTIAL JOURNEY

Friday, 15 August, 10:30—12pm



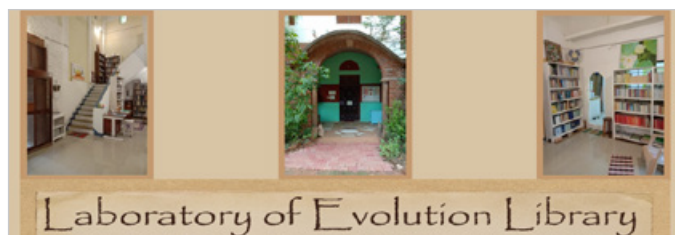
Directed and written by Professor Sehdev Kumar, this film is his personal reflection on the nature and expressions of Spiritual Quest as a Celestial Journey.

The film draws upon his experiences as a nuclear physicist, a historian of science and of mystical thought, a writer and a poet, and a wanderer in many cultures and countries, especially inspired by the visions of Sri Aurobindo, Kabir and Albert Einstein. The film is an interplay of Light and Water as Integral Elements in the Womb of Creation, and how they Weave and Create A Longing for a New Birth.



Submitted by Monisha

LABORATORY OF EVOLUTION LIBRARY



Focused on the evolutive vision, work of Sri Aurobindo & The Mother. Many related subjects from Traditional knowledge: Religion, Esotérisme, Contemporary Sciences, New Physics, New Biology, New Dimensions, NDE Body Consciousness, Health... etc.

You can find there the complete works of Sri Aurobindo & The Mother in many languages, books written by Ashram Disciples & Aurovilians. Also documents related to Auroville, books, CD & DVD, films & lectures.

- **Open** Monday to Saturday 9am—12pm
Tuesday & Friday 2:30—4:30pm
- Open for Aurovilians, Newcomers, Volunteers, & Guests
- LOE Library is now **located at Horizon**, in front of Sve Dam, on the right side of Lorenzo's building. *Kalyani*

PAVILION OF TIBETAN CULTURE: EXHIBITION

on Dalai Lama and Auroville—Three Memorable Visits (1973, 1993 & 2009)

On the occasion of the 90th Birthday of His Holiness the Dalai Lama, the Pavilion of Tibetan Culture presents an exhibition on "Dalai Lama and Auroville—Three Memorable Visits (1973, 1993 & 2009)"

- Open every day except Sunday.

Starting right from Auroville's inauguration day in 1968, when soil of Tibet was put into the urn by a young Tibetan girl, continuing in 1971, when the Mother took 12 Tibetan children into the Auroville school and in 1973 when the Dalai Lama spent two days in Auroville and Pondicherry (on January 17, he met the Mother in the Ashram), the exchanges between the community of Auroville and Tibetans have been frequent and regular.

In December 1991, the Pavilion of Tibetan Culture became a unit of Auroville Foundation through a resolution of the Governing Board under Dr Karan Singh and Dr Kapila Vatsyayan, the famous Art and Tibetan scholar.

In January 1993, His Holiness agreed to be the Patron of the Pavilion. Later in the year, he came to Auroville to lay the Foundation Stone of the Pavilion and in January 2009, he returned to inaugurate the building.

I appreciate the development occurring constantly

I pray this place will be of immense benefit to others.

*His Holiness the Dalai Lama
in the Matrimandir's Guest Book, January 20, 2009*

Kalsang for Pavilion of Tibetan culture



Bharat Nivas Presents

A WEEKLY STUDY CIRCLE

A weekly study circle on

The Synthesis of Yoga - Sri Aurobindo



By Deepti Tewari

4:30 pm - 5:30 pm

Every Tuesday

Venue :

Resource Library,
Bharat Nivas, Auroville



Monisha

Education

ILAINARKAL EDUCATION CENTRE

Vanakkam! In line with our motto—**Supporting the workers and children of Auroville through shared learning and holistic empowerment**—we invite you to engage with our team of resource experts. As part of our Further Learning Programs, these specialists help strengthen vocational skills—from tailoring and craftsmanship to wellness and cultural arts—and foster holistic development across our learning community. Please feel free to share this information with your teams, workers, and networks across Auroville to co-create research-based initiatives for the future of Auroville as envisaged by The Mother.



Activities

Name	Expertise	Availability
Anandou	Yoga & Wellness; Spoken English	Monday—Saturday Afternoons, 3:30—6pm
Drupad	Performing & Visual Arts Specialist	By appointment
Harshini	Women & Children Welfare Consultant	By appointment
Monika	Bharatanatyam Dance Instructor	Sundays, 3—4:30pm
Prabha	Tailoring & Textile Design Mentor	Monday—Friday, 9—3pm
R. Meenakshi	Tamil Culture, Poetry, Language & Village Social Dynamics	Thursdays Session 1: 3:30—4:30pm; Session 2: 4:45—5:45pm
Ramesh Karunakaran	Editorial Support; Tamil Language Typing & Tamil Poetry	By appointment
Sivakumar	System Design & Research in Technology and Social Entrepreneurship	By appointment
Vatchala	Library In-charge & Reading Circle Facilitator	Monday—Friday Mornings, 10am—12pm

To Enroll: Please call us at 0413 2623773 to book your slot in advance.

THE MOTHER'S FLOWER GARDEN

Honouring Sri Aurobindo through our Sincerity, Gratitude and Courage



Program:

- **15 August**
 - 9:30am: Om Choir by Narad
 - 10am: A talk by Narad on 'Mother is the Flower' as per his experience.
- **16 August**
 - 9:30am: A talk by Dr. Alok Pandey on 'The Way Of Gratitude'
 - 5:15pm: Bhajan Sandhiya by Shuchi Om
- **17 August**
 - 7am: Bhagavad Gita Chanting organised by Vidya-mandir (Sanskritam Auroville) team
 - 9:15am: A talk by Deepti Tiwari on 'Beauty and Delight'
 - 5:15pm: Recitation of Lalitha Sahasranaam by Auro Shakthi group

Location: Near Solar Kitchen, Auroville *Rabi for MFGT*

Exhibition on Indian National Tricolour Flag

- **Thursday, 14—Monday, 18 August, inclusive Sunday, 10am—5pm @ Ilaignarkal Education Centre**

To mark the celebrations of India's 79 Indian Independence Day, and Sri Aurobindo's 153th Birth anniversary, We have organised an **Exhibition on the story of our Indian National Tricolour Flag**, in collaboration with Puduvai Museum, Puducherry. We invite you all to travel into a part of the National History of India's Victory in the Freedom Struggle movement.



Sivakumar & R. Meenakshi for IEC

SUPPORTIVE LEARNING SATELLITE: SLS TEAM

We are happy to share with the entire Auroville community that the Supportive Learning Satellite (SLS) is now becoming an official unit under SAILER. Our service began in 2015 under the umbrella of the Teachers' Center, SAILER.

Currently, we are a team of five facilitators, working with children either in small groups or through individual sessions, depending on their needs.

Supportive Learning Satellite offers support to all children, regardless of the educational system they are part of. Our aim is to provide individual attention, continuity, and follow-up.

Specifically, we support:

- Children requiring specialized education and IEP/ICP (Individual Educational or Counseling Plans)
- Students facing specific learning challenges such as ADD, ADHD, ASD, ODD, Dyslexia, Dyscalculia, and other learning difficulties

The support provided may focus on:

- Academic or behavioral aspects. Referrals for children requiring further medical support or assessment
- Advise and help to implement family support
- Giving ongoing advice and training to administrators and teachers in Inclusive Education, learning difficulties, and Neurodiversity
- Please contact us: 9655519546, sls@auroville.org.in

Ana and Laura for SLS Team

LEARNING SPACE OPENS DOORS FOR KIDS of guests, volunteers and newcomers

Aarambham Learning Space is open for children of guests, volunteers, and newcomers of Auroville. Learning Space is an initiative of SAILER, offering a space for orientation, integration, and exploration of Auroville before school enrollment. As well as preparation and adaptation of new students of age from 6 to 12 for the Integral Education model of Auroville schools. A team of facilitators experienced in arts, personalized academic activities, physical education, awareness fostering is ready to receive new students.



Our additional weekly activities outside and inside of the campus will include visits to Matrimandir, units and communities of Auroville, classes of practical skills, story creation and forest exploration.

- Drop off time 8:15 to 8:45 am
- Pick up time 3:30 to 4:40 (depending on the age of students)
- Lunch and snacks are provided.
- We are able to host 10 to 20 students.
- Standard Auroville schools fees apply.

Aarambham located at the former TLC base camp, near Dehashakti, in the natural surroundings of Baraka forest.

Parents of students are welcome to participate in various ways. For admission/visit, please make an appointment at aarambham@auroville.org.in.

Alexey for Aarambham Learning Space team

TUITION CLASSES AVAILABLE

- Tuition classes available from 1st to 12th grade level in all subjects.
- Crash course available for 10th and 12th grade level.
- For further information contact ashree@auroville.org.in/ 8270512606 WA only.

Ashwini

SATORI:

Educational services

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

*Sergei, 9442934078,
satori.auroville@gmail.com*

Health Care

TIBETAN DOCTOR VISIT

This is to share with you that the Tibetan Doctor and the team based in Chennai, MenTsee-Khang are visiting us on:



- Thursday, 28 August, 2—5:30pm
- Friday, 29 August, 8:30am—1pm & 2—5:30pm
- Saturday, 8:30am—1pm

The consultation is held @ Pavilion of Tibetan Culture, International Zone Auroville.

To get your appointment:

- 0413 2622401 phone or 8489067332 WA.

Submitted by Kalsang

ADDICTION RECOVERY SESSIONS

@ Maatram

Every Tuesday, 3:30—4:30pm

@ Maatram, 1st floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on Addiction Recovery. These sessions are suitable for any kind of addiction including addiction to substances such as alcohol, cigarettes, tobacco, marijuana, coffee, sweets and addictive behaviours related to use of smart phones, social media, video games, eating, porn and gambling.

Raam & Palani

CHILDBIRTH AND PREGNANCY EDUCATION

Morning Star offers education to expectant parents about conscious pregnancy, childbirth and parenting. Classes are conducted



- In both English and Tamil
- Every Wednesday, 5—7pm
- @ Creativity—Hall of Light.

Classes include gentle body movement, educational topics related to pregnancy including Birth plan, Birth without fear, Stages of labour, Partner role & comfort measures during labour, Breastfeeding, Father's role and Postnatal & newborn care.

We invite all expectant parents—Aurovilians, Newcomers, Volunteers, Staff and couples from the Bio region to join us.

If you would like more information or to join the class, please contact Savithri through only WhatsApp +918940571774 or email us at morningstar@auroville.org.in

*Paula
for Morning Star Team*



Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- No sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya, Daily: no appointment needed
Ayurveda with Dr. Be: Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: Monday to Friday (11 August onwards)
Physiotherapy & Massage with Galina: Monday—Friday	Homeopathy with Michael: TOS
Midwifery & GYN Care with Paula: Monday & Wednesday	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena— inquiry email: adminsante@auroville.org.in	

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

New Orthopaedics Special Consultation @ Santé

- Every Saturday, 3—4:30pm

We are excited to inform you that **Dr. Sanjay K Pal** (Orthopaedic Surgeon—Bone, Joint, Spine Specialist) with over 45 years experience, graciously offered to provide his services & Consultation at Santé & will be available every **Saturday from 3—4:30pm** starting from 9 August 2025.

Anyone with Bone issues, Bone Fractures, Minor Accidents, Joint Pain/Arthritis/Injuries of Knee, Hip, Shoulder, Ankle, Wrist, Back Pain, Neck Pain, Weak Bones/Osteoporosis, Postmenopausal bone problems etc can consult him at Santé. Please bring your discharge papers and images if any.

- You can get an appointment by calling Santé reception at 2622803 or write to sante@auroville.org.in

Dasha for Santé Services, sante@auroville.org.in, <http://sante.auroville.org.in>

AURODENT DENTAL CLINIC

Expert Dental Scaling for a Healthier Smile
10% Off in August!

Performed by experienced dentists using European-standard tools.

Offer Details:

- Open to all Aurovilians and Guests
- Valid until 31 August 2025: 10% OFF

For Appointment:

- +91 9629199328 WA, 0413 2622063 landline
- aurodent@auroville.org.in

Working Hours:

- Monday to Friday: 9am—5:30pm
- Saturday: 9am—1pm @ Auromode



Jayasutha

WEEKLY BABY SUPPORT CIRCLE

Every Wednesday, 9am—12pm @ Lilaloka

Hello, wonderful parents! Join our Weekly Baby Support Circle hosted by Lilaloka!

We warmly invite you to our Weekly Baby Support Circle, a nurturing space created especially for parents of newborns to one-year-olds. Come as you are, connect with other parents, and celebrate the journey of raising your little one. Here's what to expect:



- Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- A Safe Haven:** A welcoming, nonjudgmental space for growth, encouragement, and community.
- Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can't wait to welcome you and your baby into this circle of love and support. Let's grow together!

Rotem

SERVICES PROVIDED

This is Sruthi, 27 years old, an Aurovilian born and brought up in Auroville. I have completed my Masters degree in Physiotherapy (MPT) and I am specialised in Orthopaedics. I am ready to provide home care visits at your place.



Neck pain, Low back pain, Knee pain, Heel pain, Frozen shoulder, Shoulder related pain, Muscle injury, Ligament injury, Sprain and strain, Sports injuries, Sciatica, Post fracture/ surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice, Geriatric care, Myofascial massage (Head&Neck/ Back)

- Pain is a sign that has to be taken care of.
- Kindly get in touch with me if you need my service.

+91 7904769496 WA,
auroshruthi@auroville.org.in
Sruthi Sundaram

MARIKA HOME:

company to the seniors needed

We are looking for a person who likes to be on one or two afternoons per week for two hours, 2:30—4:30pm in Marika Home, Samasti, opposite Pitanga, to give company to our seniors.

- If you would like to try this, please contact 9787626452.

Mechtild

Festivals

INDIA'S 79TH

Independence Day

15 August, 8:20am @ Bharat Nivas

You are cordially invited to join us at Bharat Nivas on August 15, 2025, at 8:20am as we commemorate India's 79th Independence Day.

- Followed by breakfast, 8:45—9:45am

Looking forward to celebrating with you this event.



Janmejaya Mohanty for Bharat Nivas Trust
from Mass Bulletin

Ecology

WASTE DISPOSAL guidelines

It is being observed that some communities are not putting enough attention and awareness into their waste disposal areas. In many communities the bins are placed in the open—that is—without a shed or adequate shelter from rain. In some places the bins are kept at an inconvenient location for easy access and in some communities food materials are being regularly disposed in the waste bins.

It is requested that the community members raise their awareness regarding waste generation and disposal.

Additionally—Please put your waste in the proper bins and keep in mind the following :-

1. Strictly—No Food items, Kitchen waste or House sweepings to be put in waste bins—all these items to be composted.
2. Broken glass to be wrapped in a paper or plastic bag before binning. **Do not** put big glass pieces into the bins as they get stuck and is hazardous to handle by the pick up team.
3. Sanitary waste like diapers and pads etc to be wrapped in black disposable bags before binning
4. Do not put any organic waste like leaves, dried plants, flowers etc in the bins— all these things to be composted.
5. Bread wrapping paper is to be composted; please do not put them with other paper in the bin.
6. Please rinse milk packets, curd packets/boxes, oil packets, tetra packs and all food packaging before binning.
7. Please empty all liquids or food material from bottles before discarding including syrups, sauces/ketchup etc.
8. **Do not put any** Medical waste with the rest of the waste—all medical waste or hazardous waste to be taken to the Health Center for disposal.
9. The Eco Service does not pick items like beddings, mattress, pillows wood or ceramic.
10. Please keep the waste barrels covered and protected from rain and animals.

Please note that items such as Beddings, mattress and pillows can be given to the Dog Shelter, wooden items could be used for firewood or given to termites and ceramic items like wc, sink etc can be given to the Road Service.

Thanks for your effort and cooperation.

Auroville Eco Service
From Mass Bulletin

International

French Pavilion presents

@ Pavillon de France, opposite the Visitor Center

BOARD GAMES

Wednesdays, 4—5:30pm

French Pavilion welcomes you every Wednesdays, 4 to 5:30pm for Boardgames.

Come to relax and have fun, meet new friends and test your creative thinking by playing board games at the French Pavilion! For all ages, languages and levels.



Vivekan

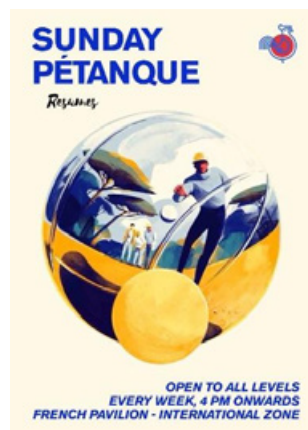
SUNDAY PÉTANQUE

Every Sunday, 4—5:30pm

Sunday pétanque is back!

Discover or rediscover pétanque, a classic French game of skill and strategy, played by throwing steel balls at a small wooden ball called a 'cochonnet'. Played in teams on flat ground, it requires skill, strategy and precision. Open to all levels, it's a great way to socialize while having fun. Come and share a convivial moment and bond with others in a relaxed and welcoming atmosphere!

Submitted by Vivekan



Unity Pavilion Presents



Experience the spiritual and healing power of tea in a conscious and immersive way. Through this unique ceremony, we will explore the healing aspects of tea of choice, allowing it to nourish both body and soul.
Discover a new perspective on tea drinking as you embrace awareness and relaxation.
* Sessions are available as a one-on-one experience or for groups (4+ people).
* Children (5+ years) are welcome. Special Kids birthday sessions available.
Rs. 400 per person
Rs. 300 per person for Groups of 4 or more
PRE-BOOKING OR BY APPOINTMENT
Call/WhatsApp +91-9385428400 for bookings

Experience the spiritual and healing power of tea in a conscious and immersive way. Through this unique ceremony, we will explore the healing aspects of tea of choice, allowing it to nourish both body and soul.

Discover a new perspective on tea drinking as you embrace awareness and relaxation.

- Sessions are available as a one-on-one experience or for groups (4+ people).
- Children (5+ years) are welcome. Special Kids birthday sessions available.
- Pre-booking or by appointment: +91 9385428400 WA



Priya for Unity Pavilion

Theatre, Music & Arts

TRADITIONAL INDIAN DANCE & MUSIC SHOW

Sunday, 17 August, 11am—1pm, including lunch
@ Raja Pettai Art School



Performed by local village girls powered by Isai Ragam unit under Auromitra Trust Auroville

- You can join our bus at 10:30am @ Townhall, Auroville.
- After the program there will be a lunch. You can give a voluntary contribution for the program and lunch.

- [Google map](#)
- www.isairagam.org



Brigitte,
0091 8056482444/ 0091 8807837015 WA

ASCENT TO TRUTH

A play by the Mother

22, 23 & 24 August, 7pm @ Matrimandir Fountain

Please be seated before at 6:50pm
Gate will be closed at 6:50pm

We begin with Sri Aurobindo's poem One Day and conclude with lines from Savitri.

This play, written by the Mother, is not a conventional one. There are no plots to explore, no mysteries to solve, no dramas to unravel, no scenes meant to wake up emotions. In Her simple and direct language, it's more like a mirror, putting us in front of our fears, insecurities and attachments.

Archetypes of us, humans, the 12 characters are in search of a high ideal, each one at a different level of inner commitment to that ideal, each one showing its own limits, mostly its attachment to the past and what it represents. The mind, always ready to justify one's actions, is ready with explanations and excuses that clearly reflect one's inner conflicting choices.

This inner journey is symbolised by an ascent towards the summit of a high and steep mountain, challenging the seekers at each turn. One by one they drop out, leaving at the end only two people, the true aspirants, with courage enough to brave every difficulty, to face the unknown, having faith as their only guide and strength.

And then they are led to a new world. Truth, Beauty and Light envelop them, and their achievement makes the whole life shift.

The play concludes with lines from Savitri, from Book Eleven, Book of the Everlasting Day, in which the quality of what could be this shift is described.

Participants: Aryamani, Srimoyi, Joy, Otto, Nidhish, Anandamayi, Deven, Dwarika, Surya, Mike, Vaishnavi, Shaily, Sanjana, Aurelio, Riccardo, Ashwin.

Aryamani



DOMINIQUE DARR GRANT EXHIBITION

15—23 August

Opening on Friday, 15 August, 4:30pm

Centre d'Art created the Dominique Darr Grant to enable young artists to hold an exhibition at Centre d'Art. Photography and video are the main medium used, in tribute to the profession and passion of Dominique Darr.

The collective exhibition will show the work of the 5 artists selected, who worked on the theme of the first edition: "The Sun, the Moon and the Truth, three things cannot be long hidden".

- Anantini—Brother
- Simran—Impermanence
- Aadi and Balaji—Identity Crisis
- Arati—Remenior
- Bhavyo—Where the Indian Roots Lie

In the proposed projects, the artists interpreted the theme in very different ways, but all of them captured the essence of the inscrutability of truth and will present their distinct visions of the perception of reality.

- Tuesday—Friday, 2—5:30pm
- Saturday, 10am—12:30pm, 2—5:30pm
- Morning by appointment

Marco



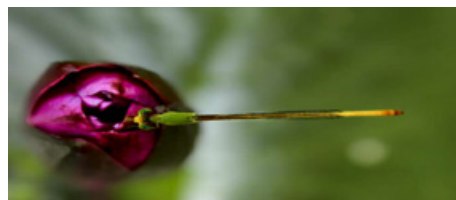
PHOTO EXHIBITION BY SATTVA

Little Creatures
& Birds in our Backyard

8—30 August, Monday to Saturday

8:30am—12pm and 2:30—5:30pm, @ Pitanga

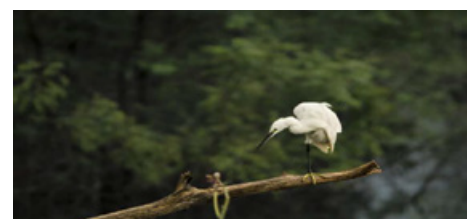
"I would like to welcome everyone to this combined exhibition of two separate photo series—'Little Creatures' and 'Birds in Our Backyard'.



I'm a seventeen-year-old amateur photographer and my work mostly covers Nature, Culture and Community Life.

The first four years of my life were spent right here in Auroville before I moved with my family to a sustainable farming community outside of Tiruvannamalai where I currently live.

Over the years I've been inspired by the natural beauty of both places. Immersion in the intricacies of the natural world



from an early age fuelled in me an avid interest in ecology, conservation and birdwatching. These interests have had a profound impact on me, and one of the ways I engage with them is by using photography as a medium through which to explore and share facets of the wonderfully wild world around us.

These twenty-four moments frozen in time aim to bring our attention back to dramatic, beautiful and sometimes alien scenes that play out largely unnoticed around us!

I hope you enjoy them." Sattva

"Two photo series that present an intimate look at the natural world around us. Familiar yet alien; beautiful, dramatic & delicate."

Anandamayi



Raghu

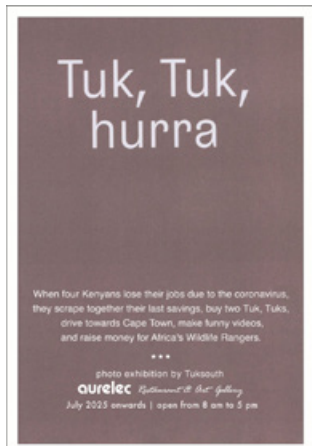
TUK, TUK, HURRA: PHOTO EXHIBITION BY TUKSOUTH

8am—5pm @ Aurelec Restaurant & Art Gallery

When four Kenyans lose their jobs due to the coronavirus, they scrape together their last savings, buy two TukTuks, drive towards Cape Town, make funny videos, and raise money for Africa's Wildlife Rangers.

The "Tuk South" project represents the spirit, courage, and freedom of a crazy adventure. Armed with two eight-horsepower Piaggio TukTuks and no schedule, Jasper, Ivo, Josh, and Robby guided their workhorses, named "Princess Buttercup" and "Wesley," past elephants and smoking stratovolcanoes, navigating through jungles, savannas, and the Kalahari and Namib deserts, documenting the lives and work of the rangers for a feature-length documentary. Their destination? Cape Town, South Africa, where they arrived after two and a half years.

By Franz Fassbender



TOUCHING THE SUBLIME

Ongoing till 23 August @ MAJI, Maroma

An exhibition celebrating creativity rooted in Auroville and Pondicherry. *Touching the Sublime* celebrates works of exceptional quality and depth, inviting viewers to pause, reflect, and engage with beauty in all its forms. It is a must-visit experience for anyone interested in the vibrant creative spirit of our bioregion.

About MAJI

MAJI is a cultural initiative by Maroma, a globally trusted brand that has been crafting natural wellness and fragrance products in Auroville for nearly 50 years. Through MAJI, Maroma extends its purpose beyond products—offering a platform for creative expression and artistic collaboration.

Curated by Supriya Menon Meneghetti, a ceramic artist and curator, the exhibition brings together diverse artistic voices rooted in sustainability, spiritual inquiry, and cultural harmony. Featuring ceramics, art candles, and paintings, this thoughtfully curated show offers a visual dialogue between nature and form, inner and outer worlds, tradition and experimentation.

As MAJI continues to grow, it seeks to amplify Auroville's artistic expressions while engaging in a larger global dialogue around conscious art, aesthetics, and community.

Sagarika, Gallery Manager



Dance Activities

NEW REGULAR SESSIONS of Dance for Children

@ New Creation Dance Studio!

We offer classes for almost all age groups:

- **Toddlers' dance initiation** from 4 to 5 years old, every Monday, 2:30pm
- **Children' ballet class** from 6 to 8 years old, every Saturday, 9:15am
- **Twins' ballet class** from 10 to 12 years old, every Saturday, 10:30am

Contact Fleur for enquiries: +91 9600225764 **Fleur**

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

New batch starts the first week of each month

- **Monday:**
7-Introduction to Tango
8-Improvers
- **Wednesday**
7:30-Guided Practica
8-Long Practice

No partner required.

Bring socks or dance shoes.

And plenty of joy!

- +91 9821166082,
tango@auroville.org.in



Maud

DANCE CLASSES BY MANI

Choose your Dance:
Bachata, Kizomba, Salsa, Tango
Register now: +9186376 33696

Salsa Dance

@ New Creation dance studio

- Tuesday:
Salsa class, 6:30pm
- Saturday:
Workshop, 7pm

@Bakisata_dance



Tango Dance @ CRIPA

Monday

- Beginner,
6:30-7:30pm
- Intermediate,
7:30-8:30pm

Friday

- Workshop, 6:30-7:30pm
- Open practice, 7:30-8:30pm

Contact: +91 8637633696



Mani

DANCE WITH DANIEL

Open Style

- Saturday, 4:30—6pm @ CRIPA Small Hall

Hiphop

- Sunday, 5:30—7pm @ Harmony Hall, Bharat Nivas

Contacts: +91 2557732584

- Instagram: @daniel.helman.lee

Daniel Lee



Theatre, Music & Art Activities

BASIC ANALOGUE PHOTOGRAPHY

Darkroom Workshop by Sasikanth Somu

21, 22, 23 August

@ Centre d'Art Gallery, Citadines, Auroville



Program & Timings:

- **Thursday, 21 August, 2—5pm:** Brief look at History of Photography & Introduction to Film Camera.
- **Friday, 22 August, 9am—2pm:** Film photo shoot (in your own time), 2pm—5pm. Develop your roll of film.
- **Saturday, 23 August, 9am—12:30pm & 2—5pm** One can choose either of these sessions: Printing Contact Sheets & Photos in the darkroom.

Registration Contact: centredart@auroville.org.in

The workshop fee for guests is Rs. 3000, inclusive of GST. The workshop is free for Aurovilians, Newcomers, and registered volunteers residing in Auroville. Registered volunteers are requested to provide their registration details with SAVI Auroville. If a non-paying participant is unable to attend all three days of the workshop, they may complete the remaining days the following year only.

All materials for the workshop are provided except for the analogue camera. Analogue/ film cameras are available to participants for a contribution.

For inquiries about the analogue camera and any specific questions regarding the workshop, please write directly to the teacher:

- Sasi, sasi@auroville.org.in, +91 9159355809 WA.

The number of participants is limited to six. When registering for the workshop, please share your full name and mobile number. Kindly write a few words about yourself and your interest in analogue photography.

Sergey, Centre d'Art



Weekly Art Workshops & Sessions

- **Watercolour Painting Workshop** by Sathya
 - Every Monday, 5—7pm.
- **Life Model Drawing Session:**
 - Every Tuesday, 5—7 pm.
- **Live Portrait** by Sathya:
 - Reach out to schedule a session.
- **Open Studio:** A space for everyone to explore their artistic potential: Every day, 9am—5pm,
 - Contact Abi: +91 90420 58981.

For info contact Sathya: +91 9486145072, sathyacour@auroville.org.in

Sathya for CREEVA Art Studio, Creativity

SVARAM ACTIVITIES

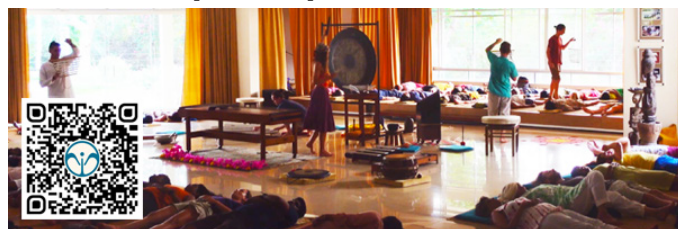
Sound Healing Session



This 45-minute Sound Healing Session is designed to help you reconnect with your natural state of well-being. It offers a supportive impulse for self-healing and balance, guided by a certified sound practitioner.

- **By Appointment Only**
- Available Sessions: Solo, Duo or Group
- For details and booking: <https://svaram.org/sound-healing-sessions/>

Sound Journey @ Unity Pavilion



We are back for our 2025—2026 Season!

- **Every Wednesday from 6 August, 5:30—6:30pm**
- For details and booking: <https://svaram.org/sound-journey-unity-pavilion/>

Sound Garden Tour



These unique spaces invite people of all ages to reconnect with themselves, nature and sound.

- **Monday—Saturday, 10:30am—4:30pm,**
- **Sunday 10:30am—12:30pm**
- For details and booking: <https://svaram.org/sound-garden-art-installations/>

Aurelio for the SVARAM Team

AUROVILLE SINGING FESTIVAL 2025

Selection Process

We're delighted to announce that the Auroville Singing Festival 2025 will be held on 4 & 5 October @ CRIPA Hall.

If you love to sing and feel at ease performing on stage, we warmly invite you to be a part of this celebration of voices!

We would especially love to hear songs in your native language, bringing the richness of your culture and spirit to our shared space.

- The selection process began, so if you're interested in participating, [please sign up here](#).

We look forward to seeing you—and hearing your voice!

*With joy and music,
Shakti for AVSF Team*

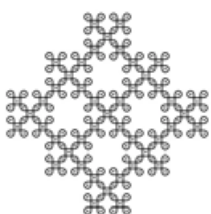


ACTIVITIES

by Grace Gitadelila

KolamYoga offers One off Introduction sessions and /or Initiation sessions into the Integral 12 sessions foundation course.

Develop power, beauty and knowledge in gestures guided through ancient symbolic scripts made contemporary. Return to deep relationship with yourself and Nature. Learn how to place yourself in its protection.



- <https://youtu.be/IErbDiGJVTa?si=z5yoS-chugMMnM6a>
- www.kolamyoga.com
- Book appointment with Grace Gitadelila, +91 8072449091 WA

Kotree Yoga: Private one on one sessions with Grace Gitadelila. Who has four decades of experience working with the body as a vehicle of expression, a carriage, a house, a temple in infinite manifestations of creations aspiration.

Gentle, strong movements, in chain sequence, held poses, alternated with rest and active guided recovery pauses, are fueled by conscious breathing. Each session inviting more and more a conscious integration of a whole beingness into the present moment. Activating wellbeing in a flowing liquid body.

- <https://youtu.be/DvxK5KR6u3M?si=cOdDK2YbtPs-ErYG>
- Book appointment with Grace Gitadelila, +91 8072449091 WA

Grace

Sports & Martial Arts

KSHETRA KALARI @ ASPIRATION SPORT GROUND

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200



Submitted by Maneesh

MOVING MEDITATION TAICHI & QI-GONG

Taichi is the art of change. Learning how to drive your energy. It is a mental & physical training method.

- **Monday:** Taichi, 5:15—6:15pm
- **Tuesday:** Qi Gong, 5:15—6:15pm
- @ Budokan, Dehashakti

Facilitated by Jiseong Park. No registration required



*Jisung
on behalf of Youthlink*

ABHAYA MARTIAL ARTS



Abhaya Martial Arts is proud to have trained over 500 students of all genders, ages, and experience levels. We've hosted expert Muay Thai coaches, Brazilian Jiu-Jitsu (BJJ) black belts, and introduced our students to a range of transformative practices. Our team has participated in national competitions and begun awarding official belts and degrees recognized by the **Shou Dao School**—a martial arts academy acknowledged by the Olympic Committee.



Our regular classes for adults @ 5:30pm

- **Monday:** MMA/Grappling with Coach Giacomo
- **Wednesday:** MMA/Grappling with Coach Giacomo
- **Friday:** MMA/Muay Thai/K1 with Coach Ruben, Coach Tanguy and Coach Giacomo

Please note:

- Contribution required
- Be punctual. Short nails, sportswear and no jewelry
- Stay home if you're unwell or have open wounds

For updates and participation: +91 9487340778 WA msg.

Brazilian Jiu-Jitsu classes for kids!

- **Tuesdays & Thursdays, 3:30—4:30pm**
for kids aged 4 to 13, @ Dehashakti Gym
- Contribution required

After many requests, we're thrilled to restart Brazilian Jiu-Jitsu and foundational MMA classes for children at Dehashakti Gym! Send your child in sportswear, with a water bottle—and a big smile!

Classes are led by **Monica**, an experienced assistant instructor beloved by the kids. At Abhaya, we teach Brazilian Jiu-Jitsu in a **non-competitive way**, focusing on **discipline**, **self-control**, and a solid, practical foundation in martial arts. BJJ is one of the most effective real-life self-defense systems and is proven to enhance **cognitive skills** and **fine motor development**, especially in young children.

- **For more info or to join the kids' WA group:**
+91 84480 77070

Giacomo for Abhaya

AUROVILLE FUTSAL football club

Futsal is played on a much smaller court, it is more fun and intense, with more opportunity for goal scoring.

We play futsal in Dehashakti,

If you like football/ futsal and you want to learn, play and have fun, come and enjoy with us!



Girls all age/ level are playing

- Mondays and Wednesday, 5pm
- Please contact Balaji: 8940224950

Boys 16yo+ are playing

- Tuesdays and Fridays, 5pm
- Please contact Beber 638563 5943



Submitted by Beber

Bharat Nivas presents KALARIPAYATTU REGULAR CLASS



- Monday to Friday
 - Morning: 6—7am, Evening: 5—6pm
- @ Bharat Kalari, opp. Sri Aurobindo Auditorium

Monisha for BN Team

AIKIDO CLASSES

@ Auroville Budokan, Dehashakti

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!



Changes regarding Aikido activity

Monday to Friday:

- Adult class: 6—7:30am
- Children class: 3:50—4:50pm

Saturday:

- Advanced: 6—8am
- Weapon: 8—9am

We also started a new activity named **Aikitaïso** it's a body practice based on Zen movement and Aikido body preparation. Perfect for everybody who want to feel more grounded.

- Monday to Friday: 8—9am
- Friday: 5:15—6:15pm
- Saturday: 9—10am

8300643963 WA, Philippe G.
9952812843 WA, N. Murugan,
+ 33622053932 WA Michaël B.

THE ART OF CHI: STEVANOVITCH METHOD

Classes with Hans

Tai Chi Quan & Chi

- @ Dehashakti outside
- Tuesday and Friday,
- 6:30—7:45am

Body awareness & Relaxation

- @ Budokan Dojo, Dehashakti
- Wednesday, 5—6:15pm

For more info:

- 8110848123 WA.



Submitted by Hans

MORNING SWIMMING CLASSES for children

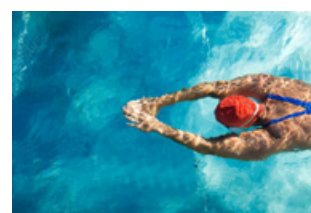
Limited spots available!

Tuesdays & Thursdays, 6:30am—7:30am
@ La Piscine

- Group classes for Aurovillian kids aged 11 to 15 years
- Safe and fun environment with professional guidance

Build confidence, improve technique, and enjoy the water!

- To enquire: +91 8940 288090 WA



Sonia and Ana

SWIMMING CLASS

Swim to Serenity: Waves of Strength!

- Water therapy
- Open water
- Oceanic Water dance
- Water movie
- Swimming in pool

@watersport_mani

Book now:

- +91 8637633696

Package swimming class



Submitted by Mani

Multiple Activities

IT MATTERS ACTIVITIES A/C ROOM

ITMATTERS.AUROVILLE.ORG

@AUROVILLE.CURATED

LOCATION:
Auroville Main Road
Kullapalayam

@ It Matters, Auroville Main Road

More info on instagram: @auroville.curated

Workshop pre-registration required:

- itmatters@auroville.org.in or
- +91 9344087925 WA

Date	Workshops in August
16 August, Saturday, 10am—12pm	Contemplative Studies, Intro Session with Anshul. Contribution Based

Bhakti & Sandra

BHARAT NIVAS August 2025





BHARAT NIVAS
भारत निवास
The Pavilion of India, Auroville

Celebrating the 150th Birth Anniversary of Sri Aurobindo
Presents

PROGRAM SCHEDULE OF AUGUST 2025

Programs

Fire Silambam Showcase by Hariharan and Team
Venue: Kala Kendra Open Amphitheatre | 06:30 pm | Tuesday, 05th August 2025

Sanskrit Chanting and Philosophy with Balaganesh Siva
Venue: SAICHU | 06:30 pm | Friday, 06th August 2025

Chanting with Suchi Om
Venue: SAICHU | 06:45 pm | Saturday, 09th August 2025

Bharatnatyam Arangetrum by Triveni Kalakendra
Venue: Sri Aurobindo Auditorium | 04:00 pm - 06:00 pm | Sunday, 10th August 2025

Tamil Philosophy Talk by Raman
Venue: SAICHU | 06:30 pm | Monday, 11th August 2025

Story Sessions about Sri Aurobindo by Vatsla Sharma
Venue: Sri Aurobindo Center For Studies | 10:30 am | 11th & 12th August 2025
Venue: Sri Aurobindo Center For Studies | 02:30 pm | 13th August 2025
Venue: Sri Aurobindo Center For Studies | 10:30 am | 18th & 19th August 2025

Kirtan & Philosophy with Balaganesh Siva
Venue: SAICHU | 06:30 pm | Tuesday, 12th August 2025

Baul Music with Adhi & Sri Chaya
Venue: SAICHU | 07:00 pm | Wednesday, 13th August 2025

Musical Homage to Sri Aurobindo with Dr. Shobha Ramesh
Venue: Sri Aurobindo Auditorium | 06:45 pm | Thursday, 14th August 2025

Amazon to Ganga (Movie Screening) by Sehdev Kumar
Venue: Sri Aurobindo Auditorium | 10:30 am - 12:00 pm | Friday, 15th August 2025

Workshop & Courses

Yoga Course with Bala
Venue: Bhumiika hall | 01st - 06th August 2025

Tango Boot camp
Venue: Harmony hall | 02nd - 03rd August 2025

Eye Yoga & Wellness Retreat by Auro Perfect Vision
Venue: Progress hall | 04:00 - 05:00 pm | 06th - 10th August 2025

Freedom of the Body - Workshop
Venue: Harmony hall | 09:00 am - 01:00 pm | 22nd - 24th August 2025

Regular class & Performance

Kalaripayattu Class - Ancient Martial Art of India
Venue: Bharat Kalari (Opp. Sri Aurobindo Auditorium)
Monday to Friday | 06:00-07:00 am & 05:00-06:00 pm

Kalaripayattu performance - Ancient Martial Art of India
Venue: Bharat Kalari (Opp. Sri Aurobindo Auditorium)
Every Friday & Saturday | 06:00-07:00 am & 05:00-06:00 pm

Vinyasa Flow Yoga with Bala
Venue: Progress Hall, Bharat Nivas
Every Thursday, Friday & Saturday | 05:30-07:00 pm

Auroville Tango
Venue: Harmony Hall, Bharat Nivas
Every Monday : 07:00 pm - Introduction to Tango | 08:00 pm - Improvers
Every Wednesday : 07:30 pm - Guided Practica | 08:00 pm - Long Practice

Study Circle: The Synthesis of Yoga
Venue: Resource Library, Bharat Nivas
Every Tuesday | 04:30 - 05:30 pm

Book Reading Circle & Meditation Program by Debashish
Venue: Harmony Hall, Bharat Nivas
Every Tuesday & Thursday | 05:00 - 07:00 pm

Hiphop Open Style - Dance class by Daniel lee
Venue: Harmony Hall, Bharat Nivas
Every Tuesday | 04:30 - 05:30 pm

Kala Kendra Art Gallery - Exhibition center
Venue: Kala Kendra, Bharat Nivas

Stalls & Exhibitions

Speed Live Caricatures
Venue: Opposite of Kala Kendra, Bharat Nivas

Souvenir Shop - Gifts with Meaning
Venue: Near Sri Aurobindo Auditorium

Bharat Nivas Café - The Pathway to Flavour
Venue: Pathway Café

Marketplace Stalls - Auroville Made

- Hemplanet** - Hemp-based wellness and skincare
- Deepam Candles** - Hand-poured artisan candles
- Taste of Nature** - Herbal teas, jams, snacks
- La Boutique** - Ethical clothing and crafts
- Egai** - Workshops : incense, jewellery, coconut shell
- Auroville Explore** - Guided tours of Auroville
- Svaram** - Sound Journey

Everyday | 10:00 am - 04:30 pm

Enquiry Contact: Krishna at +91 97878 80211
Parking available outside at the Main Gate

• Contact: bharatnivas@auroville.org.in

Monisha, BN Team

Bioregion & Nature Activities

SADHANA FOREST: PLANT BASED SATURDAY

Every Saturday

Join us every Saturday for a day of connection, learning, and delicious plant-based food! Whether you're curious about sustainable living, enjoy spending time with cows, or want to explore new recipes, we'd love to have you with us.

Schedule:

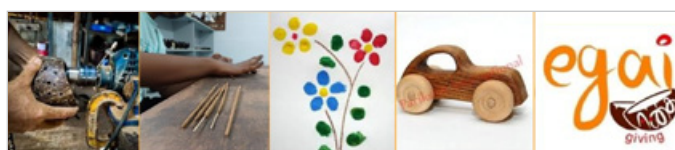
- 09:00 Breakfast
- 10:00 Cow Connection
- 11:00 Plant-Based Cooking Class
- 12:30 Talk on Diet & Nutrition
- 18:00 Dinner

You're welcome to join for the whole day or just a part of it, all offered to you as a gift from Sadhana Forest free of charge.

Aviram

EGAI GIVING

Arts and Crafts



Toys Workshop: Craft simple toys made of wood and bamboo.

Finger Painting Workshop: Tap into your inner child and learn how to paint with your fingers.

Coconut Shell Workshop: Make and take earrings, keychains, bowls, and pendants.

Incense Workshop: Come and make your own agarbatties.

Products



We make craftwork out of eco-friendly materials such as coconut shell. All our products are unique by design and sustainable.

- Contact Anand: +91 9791896488,
egai@auroville.org.in

Submitted by Anand

ENLIGHT



ENLIGHT

+91 76398 10621/82700 71581/0413-2963034
enlight@auroville.org.in / www.enlight.org.in

Arun, Anand and Balaji for Enlight Team

MOHANAM PROGRAM

For more information and registration for all the tours, workshops, classes and events:

mohanamprogram@auroville.org.in

Call/WA: 8300949079

Office: 10am—4pm,
Monday to Saturday

Auroville Bio-region hub for art, craft and culture to bridge and promote Local Tamil culture

1 day advance booking is necessary.

Make & Take Workshop @ Mohanam Campus

Craft Activity	Duration
Pottery Making	1 hour
Kolam Mandala Painting	2 hours
Coconut Shell Craft	3 hours
Incense Making	1.5 hours
Lampshade Making	3 hours
Paper Marbling	1 hour
Candle Making	1.5 hours
Soap Making	2 hours or 1 day
Traditional Leaf Craft	2 hours
Bamboo Jewellery	2 hours
Dreamcatcher	2 hours
Henna	2 hours



- The Make & Take workshops can be booked for any day Monday—Saturday, 10am—12:30pm or 2—5pm.

Auroville Bioregional Experience with Mohanam

Tour Activity	Duration
Village Tour	3 hours
Munnur & Perumukkal Visit	6 hours
Kaluveli Tank Visit	6 hours
Bio-region Village Temple Tour	4 hours
Navagraha Temple Visit (Moratandi Navagraha Temple & Prithyangara Temple)	3 hours
Wood Fossil Visit and Quarry Shower	6 hours

Classes @ Mohanam Campus

1 day Advance booking of classes is necessary:

Activity	Time	Description
Cooking Class	Monday to Saturday, 10am—12:30pm	Learn to cook traditional South Indian food and snacks.
Saree Draping	Monday to Saturday, 10am—4pm	Learn how to drape a saree and model your look in an optional photoshoot.
Siddhar Ongara Five Elements Chanting	Every Saturday, 3:30—4:30pm	Chanting calms the mind, boosts energy, and fosters inner peace—join our class to experience its transformative power.



Tours inside Auroville with Mohanam

Tour Activity, Time	Description
Auroville Northwest Tour Monday to Saturday, 10:30am—1pm	Experience the beauty and richness of Tamil culture, tradition and heritage in the north-west zone of Auroville.
Mohanam Campus Tour Monday to Saturday, 10am—4pm	Visit Mohanam Bio-region Cultural Centre to experience Tamil culture with all your senses—taste local food, tour the bamboo experiential farm, attend art and craft workshops with local bio-region artisans, and buy products directly from the artisans at the Lively One-Village Boutique.

Ganesha Idol Making workshop

- 2, 9, 16 and 23 August, Saturdays, 9:30am—12:30pm @ Mohanam Village Heritage Centre.

We are happy to invite you to a hands-on workshop for Vinayagar Chaturthi, where participants will learn to create their own eco-friendly Vinayagar (Ganesha) idols using natural clay.

Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services. Arunachala—Auroville. Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

For more information, contact us:

- mohanamprogram@auroville.org.in,
- +91 8300949079 **Balu for Mohanam Program**

AUROVILLE EARTH INSTITUTE

Upcoming On-Campus Training Courses



We are pleased to announce our upcoming training programs at the Auroville Earth Institute. These hands-on courses offer a unique opportunity to explore sustainable construction techniques with a focus on earth-based technologies.

Below are the details of our upcoming sessions:

Months	Dates	Category	Details
September	1—6	CSEB	Design
	8—13	CSEB	Intensive
	15—20	AVD	Masonry
October	6—9	Special	Ferrocement

- For more information and to register: www.earth-auroville.com
- Contact: training@earth-auroville.com

T. Ayyappan

AUROVILLE BAMBOO CENTRE EVENTS

Bamboo Centre Campus Tour

Bamboo Centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.



- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.

Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch



- 11:30am—12:30pm, every Saturday
- Registration one day in advance.

Special Bamboo Lunch for Groups in week days

- 11:30am—12:30pm, every day except Sunday
- Registration two day in advance.

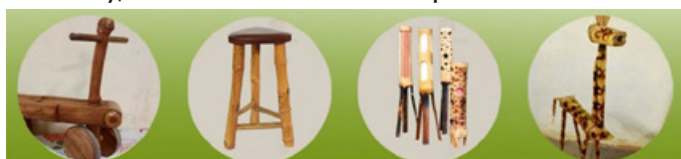
Trainings and workshops

- Every day except Sunday

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people. Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

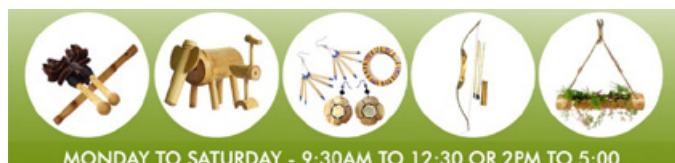
Daily, Make and Take Hands-on Workshops Experiences

One-Day, Make and Take Workshops:



- 9am—12:30pm, 1:30—5pm
- Registration one day in advance.
- **Furniture Workshop:** This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then make and take the furniture piece back home. This unique workshop will take place under the guidance of an expert.
- **Bamboo Lampshade:** Come and learn to make your own Bamboo Lampshade at Bamboo Centre and take home your own hand made lampshade at the end of the workshop.
- **Bamboo Giraffe:** Come and learn to make your own Bamboo Giraffe at Bamboo Centre and take home your own hand made giraffe at the end of the workshop.
- **Bamboo Bicycle (For Kids):** Are you ready to bring your cycling aspirations to life? Join our immersive 1-day Bamboo Bicycle frame-building experience and embark on a journey that goes beyond just assembling a cycle.

3 Hours Make and Take Workshops:



MONDAY TO SATURDAY - 9:30AM TO 12:30 OR 2PM TO 5:00

- Walk-in registration available
- 9am—12:30pm or 2:30pm—5pm
- **Bamboo Toys:** Come and learn to make your own Bamboo Toys at Bamboo Centre and take home your own hand made Toys at the end of the workshop.
- **Bamboo Musical Instruments:** We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/ folk instruments at our centre from professional craftsmen and take home your own hand-made instrument at the end of the workshop.
- **Bamboo Jewellery:** Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.
- 10am—12:30pm or 2:30pm—5pm
- **Bamboo Planter:** Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.
- **Bamboo Archery:** Come and learn to make your own Bamboo Archery at Bamboo Centre and take home your own hand made Archery at the end of the workshop. This course provides you with the opportunity and guidance for create their own bamboo archery and bow from start to end. All tools and materials provided in the cost of course.

Upcoming Workshops

Bamboo Furniture Workshop

- 22—23 August, 9am—5pm.

This workshop focuses on small scale furniture making from bamboo and wood combination for example chairs, tables, shelves, etc... The Bamboo Furniture workshop will take place over 2 days, covering full day intensive sessions offered daily from 9am to 5pm.



For more information, special requirement, and pre-booking contact:

- Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org
- or +91 8300949081, voice call & WA
- 0413 2623806/ 2964727
- Flexible training dates offered to groups
- www.aurovillebamboocentre.org

Balu
for Bamboo Centre Team

WELLPAPER WORKSHOP

10am—4pm,
every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

Wellpaper:
+91 9385744722, 0413 2969722



Viji

SOLITUDE FARM ACTIVITIES



Saturday Free Farm Tour! Be a part of a weekly farm tour to learn where your food comes from. Free guided farm tour only on **Saturdays, 11:30am**. For the larger group (5+) and private bookings, there is a separate charge.

- Please email us at: solitudepermaculture@gmail.com

Education at Solitude Farm is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

• 3 days Intensive Permaculture Weekend Workshop

- View schedule and book here: <https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

• Mini Permaculture Workshop

- Please email us: solitudepermaculture@gmail.com for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- **Introduction to permaculture through local food:** Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice—a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- **Handmade Soap-Making:** By revaluing papaya seeds, neem flowers and soursop leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

Farm Fresh Basket Service: A long term commitment to your health! A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the cafe—Mondays, Wednesdays or Fridays.

- Please email us at solitudepermaculture@gmail.com to book your basket.

Lunch Scheme @ Solitude

Experience a wholesome lunch scheme at Solitude Farm—freshly prepared straight from our farm every day. Enjoy traditional grains such as millets and red rice, heritage greens like local spinach, and a variety of seasonal fruits and vegetables rich in Ayurvedic benefits. All food is grown without chemicals and follows time-tested methods that have supported communities for generations.

If you're passionate about sustainability, looking to reduce your carbon footprint, or want support in managing lifestyle conditions such as diabetes or high blood pressure, this lunch is designed for you. Set in a tranquil, scenic space, this is more than just a meal—it's a chance to reconnect with your roots.

Come, eat well, and feel well.

- **Booking:** solitudepermaculture@gmail.com

Krishna
for the Solitude farm & café

Help Needed

MORNING STAR

Help Us Build a Place for Respectful Maternity and Women's Wellness Care

Construction at the Morning Star site is in full swing! This center for community-based natural birthing and women's wellness is deeply rooted in Auroville's values: honoring conscious birth for women of all nationalities, including fathers in the sacred moments of pregnancy and birth; supporting health for women throughout the lifespan—all in a sustainable, beautiful building surrounded by trees and gardens.



To manifest and sustain Morning Star, we are seeking your support—from within Auroville, across India, and around the world. This is your chance to be part of a meaningful step toward the future of humanity. Every contribution—big or small—makes a real difference.

How You Can Contribute

1. Aurovilians (Indian Nationals Only)

You can contribute directly through a Financial Service (FS) transfer: Send your FS Transfer to Auroville unity fund FS account 240001. Project Name: Morning Star

Once done, please inform us so we can acknowledge and account for your donation properly.

2. Indian Nationals (Outside Auroville)

Please donate via the Auroville online donation portal:

- <https://auroville.org/page/donations>

Select your preferred payment method. In the Project/ Remarks field, enter: Morning Star

3. Foreigners Residing in Auroville (Non-Indian Nationals)

Due to FCRA regulations, direct FS transfers are not allowed. Please follow these steps:

- Write a cheque addressed to: Auroville Foundation
- Submit it to us or to the Unity Fund at the Financial Service
- Provide a copy of your passport

The Unity Fund team will process and route the donation to our project in compliance with FCRA regulations.

4. Foreign Donors (Outside Auroville)

Donations can be routed through any of the AVI centers. Please check the Auroville International Centres for more information: http://auroville-international.org/avi_centres/

Our fundraising partners: AVI-USA

- <https://give.aviusa.org/page/MorningStar>
 - Donations via Auroville International U.S.A. are tax-exempt.

AVI-UK: <https://aviuk.org/fundraising/donate/>

- Tax-exempt donations via Auroville International U.K. Please mention: Morning Star

All donations are processed through the Auroville Unity Fund in accordance with FCRA rules of India ensuring compliance, full transparency and proper usage.

Need Help?

Our fundraising coordinator, Balaganesh Siva, is happy to assist with any questions about the donation process.

- balaganesh.siva@gmail.com
- +91 98926 99804 WA/ Call

Let's build this dream together and bring conscious, respectful care for women, babies, and families—not only to Auroville, but to the world.

Paula, www.aurovillemorningstar.org

ANY CONTRIBUTION, BIG OR SMALL, will make a difference: Bhavyo

I'm Bhavyo. Some of you may know me as an art teacher at Last School and a young artist exploring painting, photography, and now ceramics. I've been invited to a 90-day Artist-in-Residence program at



Taoxichuan Art Center, Jingdezhen, China! An amazing opportunity to grow and offer the best of my art.

The residency is partially funded, but I need help covering the cost of shipping my large ceramic works back to Auroville. Any contribution, big or small, will make a difference.

- **FS account: 106629**
- For more information about this opportunity or to donate please visit my GoFundMe page:
<https://www.gofundme.com/f/support-bhavyos-artistic-journey>
- For any further questions reach out to me:
+91 9626082638 WA

Thank you for supporting my art!

Bhavyo

Office Spaces

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.



Contact Mr. Pandian

at Auromode in person, +91 9943390391 or
pandian@auroville.org.in

Pandian

Aurelec Spaces Available

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.



Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.

- Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/ 2622294 or e-mail
adps@auroville.org.in

Siva for ADPS Trust

Cowork, kindly @ Marc's Cafe

RESPECT THE SPACE, THE PEOPLE, AND NATURE

GOOD TUNES. NO BAD VIBES
FREE WIFI
SELF SERVICE

MON-FRI
9 AM - 5 PM

**COWORK,
KINDLY.**

SCAN FOR MENU

SCAN FOR WIFI

Matilde

Kinisi Cowork

Our vibrant space—right behind Kinisi e-mobility (CSR campus)—offers an ideal balance of focused work, being part of a supportive community and relaxing surroundings.

- **Opening hours: 7am—11pm**
- **Flexible Passes & Validity:**

- 1 Day Pass
- 5 Days Pass (Valid 14 Days)
- 25 Days Pass (Valid 60 Days)
- 60 Days Pass (Valid 120 Days)

- **Conference Room:** As Booked (4 hrs)
- **Amenities:** Enjoy fast internet, power backup, AC, meeting room, EV Charging and complimentary coffee/tea (10am—4pm).
- **Community & Connection:** Beyond the amenities, we cultivate a supportive community that fosters collaboration and upskilling. We organise coworkers' lunches, game nights and workshops to learn new skills.

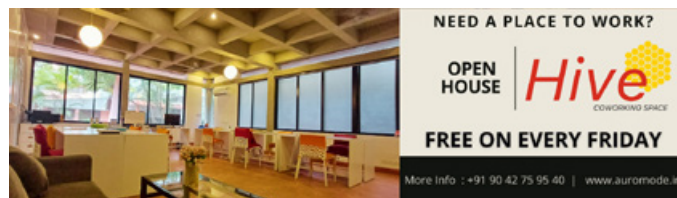
Ready to join? Learn more and book your spot:

- +91 9429690049, hello@cowork.kinisi.in
- CSR Campus, Auroshilpam, Auroville—605101
- cowork.kinisi.in Laure



Hive Coworking Space Open House

- Every Friday, 9am—7pm @ Hive, Auromode



Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee—All for Free on our weekly Open House from 9am to 7pm.

Visit us at www.auromode.in/hive-coworking for more details on our flexible plans and facilities.

For inquiries:

- auromodehive@auroville.org.in
- +91 9042759540 WA, +91 7092197375 WA
- or drop by

All are Welcome!

Dhesh for Hive Team

Taxi Share

From Chennai Airport, 2 September, 1am

Looking for cab travel sharing from Chennai Airport to Auroville on 2 September 2025 at 1am. Anyone interested kindly contact 8270512606 WA, Ashwini.

Ashwini Selvaraj, Aspiration

To Aravind Hospital any day in August

I'd like to share a taxi to Aravind Hospital for a field test. Any day in August.

Gaya, 9442663282 WA

Looking For

The Mother's Flower Garden is in search of stones and pebbles

The Mother's Flower Garden is in search of stones and pebbles—of any size, shape, or colour—to help us design and beautify the garden's sacred spaces.

If you happen to have some and would like to offer them, we would be most grateful to receive your gift.

mothersflowergarden@auroville.org.in,
+91 8608854330, Rabi for MFGT

Looking for a medical or hospital bed

We are looking for a medical or hospital bed for an old man, **Aurovilian Giuseppe**.

The bed should have side rails that can either be opened (lowered) or raised so that the old man does not fall out of the bed at night when turning and moving the body. Best would be a bed without wheels.

We are happy to receive an old bed that is still intact, or can get repaired with minimal costs. Please contact Enrica, 9840031935 or Shivaya, 9489601312 by phone/ SMS/ WA.

Shivaya

Urgently seeking a long-term housesitting opportunity or a rental

My name is Dhruvi, and I am an architect working at Unitary Design Studio with Omar Rabie. I have been living in Auroville for over a year now and am currently in the volunteer process to become a Newcomer.

I am urgently seeking a long-term housesitting opportunity or a rental, with a stay of at least 4 months or longer. I am a responsible, quiet, and clean individual who has had the privilege of housesitting in several communities over the past year, always with care and gratitude.

- If there is any relevant opportunity please feel free to contact me at +91 8879151241

Dhruvi

I want to learn basics of sewing

I am searching for someone who can teach me the basics of sewing. I would also have some clothes I would like to get stitched by you. A tailor who can communicate well. I appreciate professional work/ fine details. It will be paid based on your skills. Thank you!

Sol, 7783478812 WA,
sidhusangeet96@gmail.com

Honorary Voluntary

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from **7am onwards**, and have a vegan breakfast at **8:45am**. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274 WA or call
8122274924

Aviram
for Sadhana Forest team

VOLUNTEERING @ ECOSERVICE

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.

**Tuesday mornings
is a dedicated time that all
are welcome to randomly drop in**

for some onsite sorting and other activities, to look around or whatever. For regular volunteering, special projects or needs, please call first.

B for Ecoservice,
7598911090 WA



AARAMBHAM LEARNING SPACE

Looking for a long-term volunteer Facilitator

Our expectations

- responsibility and punctuality
- ability and preferably some experience of work in the education field (age from 6 to 12)
- good communication skills with kids and adults
- ability to move around Auroville
- interest and motivation
- optimism and good energy

We can provide lunch and some additional bonuses to come as you will stay with the team longer.

For details:

- aarambham@auroville.org.in
- +91 83002 88303, WA messages

Submitted by Alexey



Available

Humvee Electric Bike towards contribution

'Humvee' Electric Bike, made in AV. The bike is one of the original ones made by Akash and Sukreet, and was rebuilt by Anand about 7 or 8 years ago. We put a new motor on it, new wheels, new handlebars, lights, front forks, charger, brakes etc. Basically new everything except the frame. The bike has been regularly serviced and works fine. The batteries are lithium and are 4 yrs old. They currently give about two thirds of the original charge, meaning it will give about 20km on one charge. We love this bike and are only selling it as we are leaving India. The bike will be available at the end of August '25.

Matthew, 6385905625,
m.b.tildesley@gmail.com

Old scooter

I am looking to sell an old working condition scooter, with a valid RC papers. Please contact 7708683597 Madhuri for more details.

Madhuri

Computer towards contribution

I am selling my beloved computer. It served me well, but I need a more powerful model for professional programs. It is perfect for office tasks, movie watching, internet browsing, music, medium level graphic computer games, etc.



HP Chromebox High Performance Business Class Mini PC Secure. This tiny desktop computer has features like Intel Core i7—8th Gen processor with 1.9 GHz upto 4.2 GHz with Intel Turbo Boost Technology, 16 GB DDR4 RAM, 512 GB SSD making it the perfect Business Class Mini desktop pc to carry out all tasks in one place.

It is super easy to carry around and it doesn't take space on your desk. It is fully functional: no lags.

Alexey, + 91 8300288303 WA

Work Offering

AUROYALI:

Looking for a Project Manager

We are currently looking for a Project Manager (experience: 0—2 years) with skills in planning and estimation. The required qualification is B.E/ B.Tech-Civil.

Interested candidates can send their CV to:

- auroyali@auroville.org.in

Mohan J. for AuroYali

SEEKING OPPORTUNITY TO CONTRIBUTE:

Civil Engineering

Ashok Kumar Sharma, a senior civil engineer with over 40 years of experience in infrastructure development and project management (including highways, tunnels, hospitals, and educational buildings) is looking to contribute his expertise to Auroville.

Having recently retired from active consulting roles, he wishes to offer his skills in a meaningful way that aligns with Auroville's development needs.

- Those interested or aware of relevant opportunities may contact: aksdarshan348@gmail.com or +91-9303494918.

Submitted by his son Rahul Sharma, Aurovilian

BABYSITTING

Hello my name is Padmashree. I am a 16 year old Aurovillian. I've done babysitting last year and had to stop because of my school schedule, now that the new year has started I would like to continue to work with kids.

- I've done babysitting with 4—5 years old, I'm willing to try any other age groups.
- I'm free every afternoon. I'm also open to do occasional evenings for you parents to have nice time without kids.

If you would like or need my help please message me for further details.

+91 8015086448, Padmashree

LOOKING FOR SMALL JOBS AND WORK ASSIGNMENTS

My name is Ajeeth Rajaram. I have been working in Auroville in different places. Presently I finish my studies in medicine, cardiology. Besides the courses and days/nights in the hospital on duty, I am looking for work to support myself and pay for transport. I have a driving license and experience with driving; I have helped in management of a taxi unit in the past. I can repair and fix things. I could do errands or take up watchman duties in off hours. If you need a handyman please call me.

- Contacts: +91 70940 95766, SMS, WA or call.

Ajeeth. Submitted by Shivaya

Work Opportunities

AUROVILLE INSTITUTE OF APPLIED TECHNOLOGY

Seeking for qualified candidates: Assistant professor

Auroville Institute of Applied Technology (<https://aiat.edu.in/>) is currently seeking qualified candidates for the position of Assistant Professor in the field of Electrical and Electronics background. Applicants must hold a Master's degree in a relevant discipline.

- Interested candidates are invited to send their CV to info@aiat.edu.in.

Amarnath

CONTENT CREATION, RETREAT LOGISTICS, proofreading, website updates

Hello, I am looking for people who can support the different areas of my work—content creation, retreat logistics, proofreading, website updates etc.

- Some roles are ideal for interns or volunteers,
- and others could be paid.

If you feel you can contribute to the field of Vedic Astrology, or know someone who might be a good fit, please take a look at this page: <https://www.allthingsvedic.in/work-with-us>. You'll find all the details there, along with a short form to be filled.

Vikram Devatha
9843948288,
Submitted by Megha

eco • femme

is looking for a communications lead

Eco Femme is seeking a dynamic and passionate Full-Time Communications Lead to drive our growth and brand awareness. We are looking for an experienced candidate in marketing strategy, leadership, and project management to guide our team to meet organizational and programme goals.

Proven experience required

- Minimum 1 year of experience leading a team, including cross-functional coordination
- Marketing strategy development and implementation
- Basic understanding of performance marketing and analytics
- Platform-specific expertise in Instagram, Facebook, LinkedIn, YouTube, Google Business, website, and email marketing
- Project management/ campaigns

We are based in Auroshilpam.

Starting date: Immediate. This position requires the candidate to be present at our office on a daily basis.

For more detailed information and applications, please write to maha@ecofemme.org with your updated CV. Looking forward to hearing from you!

Mahalakshmi Prabhakar, +91 7094278777

Foods, Goods & Services

AUROVILLE BAKERY CAFE IN TOWN HALL

7:30am—4:30pm

Auroville Bakery Cafe is excited to announce the opening its new branch in Town Hall!

The Cafe is open from 7:30am to 4:30pm, serving South Indian breakfast, crepes, wraps, sandwiches, omelettes, juices, and all of your other favorites from the Auroville Bakery Cafe.

The Cafe also hosts an Auroville Bakery outlet, where you can find an assortment of breads, cakes, and croissants.

In addition, for your convenience, advance orders placed at the the Auroville Bakery can now also be scheduled for convenient pickup directly at the new outlet.

Open on Friday, 15 & Sunday, 17 August

- 7am—1pm
 - With Croissants, Cakes & Cookies.
 - Café will serve the usual menu.

Please pick your Friday, 15 August order
on Thursday, 14 August

Auroville Bakery & Cafe Team, from Mass Bulletin

Pour Tous பூர் தூஸ் For All

Canteen is now offering an In-Kind Lunch Scheme (Tiffin Service)

We are happy to announce that PT Purchasing Service—Canteen is now offering an in-kind lunch scheme (Tiffin service). If you are interested in subscribing to the monthly lunch scheme, please send an email to: ptps@auroville.org.in.

PT Purchasing Service has extended its closing time to 5:30pm
From Mass Bulletin

GOYO KOREAN SILENT RESTAURANT

@ Luminosity Auroville

Lunch: Tuesday & Saturday, 12:30pm

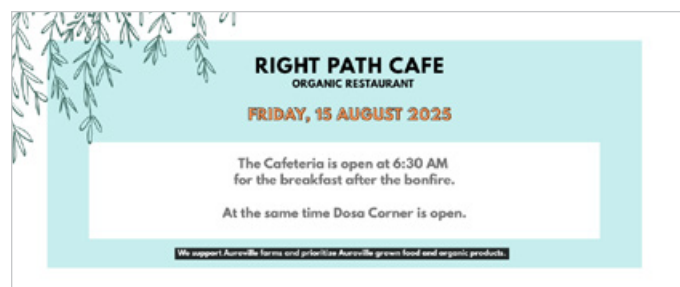
Tea Ceremony: Wednesday, 10am & 3pm



Please book one day in advance

+91 9489693809, goyo@auroville.org.in

Won Ja for Goyo



Kyonghyon Lee for Right Path Cafe

NEEM TREE CAFE OFFER

Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day **Monday to Saturday** @ Mahalaxmi park (Near Solar Kitchen). Sunday is holiday.
 - Our prices are 20 to 200 only inclusive all taxes
- Come and enjoy!

Parthasarathy Krishnan



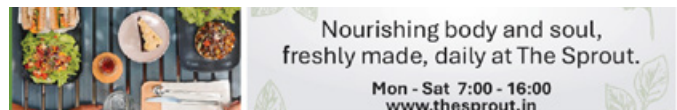
Kathir
for Vérité programming

THE SPROUT CAFE & RESTAURANT



The Sprout will be open on August 15 from 6:30 am onwards for an early breakfast after the bonfire!

We will be open as usual till 4pm and are also launching our exciting new Sandwich menu with flavorful variations of the food you have come to love at our cozy roadside cafe in UTSAV.



Monica for The Sprout team,
www.thesprout.in

AUROMODE RESTAURANT IS OPEN

Monday to Saturday, 12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy to announce that we are now open!

We look forward to seeing you all.

Pavithra
for Auromode Restaurant



BHARAT NIVAS PATHWAY

Medicinal Herbal Nursery Counter



Green and Clean Land: Indoor and Outdoor Plants for your House and Garden. Your journey into holistic wellness begins here! Nourishing and preserving bio-diversity for environment protection in collaboration with Martuvam Healing Forest.

We warmly invite you to bring Auroville's native plants from your garden to showcase at our nursery counter. Together, let us share the beauty and benefits of these plants with humanity. Offer your contributions with a minimal donation and become a part of this collective effort to promote nature's gift for a better tomorrow. Let's grow and give, together!

Souvenir Outlet



Any time dosa and pongal @ the Pathway Café

Bharat Nivas Café has been serving Masala Dosa, Onion Dosa, Ghee Dosa, all day, everyday at a very good price. Now for the Pongal lovers: you can also get Pongal or Khichidi everyday. We also serve organic Tea only for Rs 20. Please, come and enjoy, welcome to Bharat Nivas café.

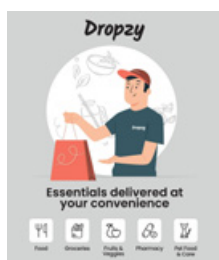
Monisha

DOWNLOAD OR ACCESS DROPZY APP

Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

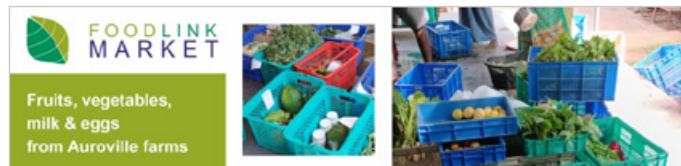
iPhone Browser Version:
<https://app.dropzy.in/public/dropzy>

Desktop: <https://app.dropzy.in/public/dropzy/desktop-version>



Sathish

FOODLINK MARKET IS OPEN EVERY DAY



Monday—Saturday, 9:30am—12:30pm

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

- **For more info:**
call/ WA +91 83002 68804 or pass by.

Isabella for FoodLink

TAMIL NADU BASMATI RICE @ SIDDHARTHA FARM

At Siddhartha Farm, we have introduced Tamil Nadu Basmati rice, which we have been successfully cultivating here. It is now available at the following outlets: PourTous Distribution Centre (PTDC), PourTous Purchasing Service (PTPS), Farm Fresh, and Hers.

This aged, semi-polished Basmati raw rice is available in both whole grain and broken grain forms.



- Direct bulk orders are welcome, with a 25% discount offered on the following minimum quantities:
 - Whole grain rice, 25 kg
 - Broken grain rice, 15 kg
- Door delivery within Auroville will be provided as part of our service.

If there is a positive response from the community, we look forward to continuing its cultivation.

- For pricing and orders, please contact us at:
siddhartha.farm@auroville.org.in, +91 8838012456

Available for immediate supply.

Suha from Siddhartha Farm

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/ products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

- We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates.
- Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

HEMPLANET: EXPLORE THE BENEFITS OF HEMP!

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821. Davide

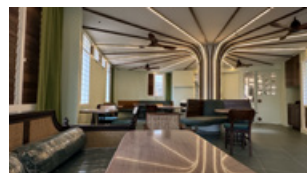
LIVING ROOM CAFÉ

Open every day, 8am—9pm

Come enjoy delicious meals and coffee in our cozy space, located on The Crown across from the Auroville Library.

We serve breakfast, lunch, and dinner for Aurovilians, newcomers, volunteers, and guests. We look forward to seeing you!

Debo for The Living Room Cafe Team



SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria

7:30—10am

Variety of Dosa and Millets Pongal, Coffee

Rs.99

Submitted by Shiva



QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Hum-vee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovillian) with decades of experience.

- You may call Qutee 9443372418/WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B for Qutee Electric Scooter Service

SHARED TRANSPORT SERVICE

Shared Transport in Auroville is dedicated to offering **cost-effective travel options** by arranging shared trips between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in

Rajesh.D for Shared Transport Service

KINISI E-MOBILITY

At Kinisi we are passionate about making sustainable, electric transport accessible and convenient for everyone in Auroville. Whether you're a guest, long-term volunteer, newcomer, or Aurovilian, we have tailored solutions to get you moving quietly, cleanly, and efficiently.



Our Services Include:

- E-Cycle, E-Scooter & E-Bike Rentals:
- Flexible pricing depending on the duration of rentals for guests. <https://app.kinisi.in/>
- Special discounted rates for SAVI registered for long-term volunteers—ask about our volunteer scheme! <https://app.kinisi.in/volunteer/>
- KIM Scheme: Exclusive benefits for Aurovilians and Newcomers. <https://app.kinisi.in/kim/>

Repair & Service:

- Comprehensive repair and maintenance for all models of e-cycles, e-scooters, and e-bikes—no matter where you bought it!
- General Service, Battery, Motor, and Controller check, parts replacement, and recycling services.

Contact Us:

- +91 8300460679/ 680, info@kinisi.in
- <https://bit.ly/2Jl4Q9Z>, <https://kinisi.in/>

Debo

INTEGRATED TRANSPORT SERVICE



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services, we are honored to serve the diverse and vibrant needs of this incredible community.

Rajesh for ITS

SUNRISE TAXI SERVICE



Book A Taxi 24/7

+91 9843880591

Office: (0413) 2220591, 2220592

Office cell: 8610915429

sunrisetaxi@auroville.org.in

www.aurovillesunrisetaxi.in



Sathish for Sunrise Taxi

UTS TRANSPORT SERVICE



Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581
 - **Primary Email:** rapidcare@auroville.org.in
 - **Secondary Email:** rcsrapidcareservice@gmail.com
 - **Instagram handle:** @rapidcare1 **Balaji & Arun**

SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server set-up, monthly and annual maintenances etc.



Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Bala

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- **Contact us for all your procurement needs:** surabhisupplies@auroville.org.in

+91 9843846458 WA, Phone, lyyappan



Vanakam, Bonjour and Hello from Inside India

Launching Our Kolam Workshop every Friday

- Every Friday, 2—4pm

Inside India is excited to announce our Kolam Workshop. Join us to learn and experience the traditional South Indian art of Kolam, where intricate patterns are created with rice flour, blending creativity, culture, and mindfulness. Open to all skill levels.

Auroville Bio-Region Tours by Inside India

Join our tours as we take you through the powerful, ever-evolving Auroville bio-region. Catered to your niche and interests; explore where forests are still growing, communities are still dreaming, and where the land speaks if you listen.

- **Tours run from 10am—3pm**, with a hearty Auroville-style lunch. Available only on request, with a 24-hour heads up.

Cycle Tours through Auroville

Ride into the green lungs of Auroville on our newest bicycles partnered with KINISI. Muddy red earth under your wheels, rain-washed trees above you, sound of birds, forest winds and chance detours, explore this slow travel at its finest.

- **Tours run from 10am—3pm.**
Please book 36 hours in advance.

Off-Road Cycling & Half-Day Rides

For those who want to go off-script; we now offer off-road rides with our seasoned cycling guide. These are wild, custom-built trails cutting through fields, villages, forests and backroads of the bio-region. We tailor it to your stamina, spirit and sense of adventure. Available on request, with a 36-hour heads up.

Special Flights and Offers

- **Etihad Airways:** From Chennai to Amsterdam, Brussels, Munich, Zurich, Vienna, Dublin.
- **Air India:** From Chennai to Paris, Frankfurt, London, Amsterdam, Zurich, Seoul.
- **Thai Airways:** From Chennai to Seoul, Bali.
- **Cathay Pacific:** From Chennai to San Francisco, Seoul.
- **Malaysian airways:** From Chennai to Seoul, Perth.

Royal Brunei flying weekly three days Tuesday, Thursday, and Saturday from Chennai to Melbourne via Brunei.

Cathay Pacific weekly five days from Chennai to New York via Hong Kong.

From 2 July 2025 Etihad introduces flights from Abu Dhabi to Atlanta, marking Etihad's fifth destination in the U.S. Wherever you're flying from, connect through Abu Dhabi and enjoy the convenience of US Customs and Border Protection pre-clearance at Zayed International Airport. so you can arrive in Atlanta like a domestic passenger.

Individual Travel Insurance by Bajaj Allianz

Inside India is now offering Travel Insurance to ensure safe travels and a smooth journey for you from the start till the end! Travel comes with risks—delayed baggage, lost passport, or sudden illness. Individual travel insurance ensures financial protection, quick assistance, and peace of mind wherever you are.

- **What is Individual Travel Insurance?**

It's a policy that protects solo travelers, families and any traveler against unexpected events like medical emergencies, trip cancellations, or lost baggage while traveling abroad.

- **Key Features of Bajaj's Travel Insurance:**

Global 24/7 assistance, Covers medical emergencies, trip delays/cancellations, lost belongings, and even home burglary while you're away. Quick and hassle-free claims with fast settlement.

Inside India Timings and more

- Inside India is open for your next journey **Monday to Friday, 10am—5pm**
- We are closed on the 1st and 3rd Saturdays of every month.
- **For urgent matters or emergencies**, you may contact our ticketing agent Ganesh: +91 9894598686.

Itineraries & Ticketing

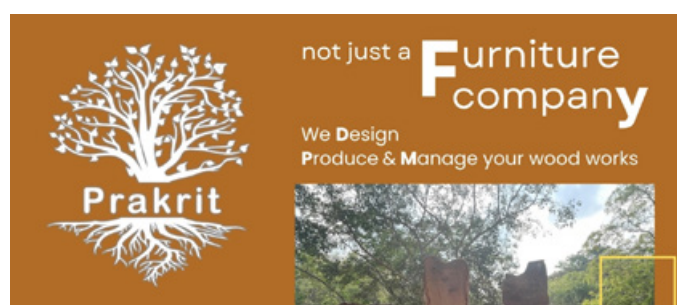
Whether you're dreaming of a mountain retreat or a coastal getaway, we're here to help. Inside India offers tailor-made travel itineraries across India and Sri Lanka.

- **Write to us at tours@insideindiaauroville.com** to start planning.

We are open Monday to Friday, 10am to 5pm, at our Office in Kalpana Community (Opp. Auroville Library).

Happy Travels!

Shaheen for Inside India Team



Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website www.prakrit.org.in to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit, +91 9634424066

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour: Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

South-Indian Cuisine: Cooking class: Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage & Tailoring: We give every morning from 9:30—11:30, 11:30—1:30, 5:30—7:30pm.

This is for both the classes: we can tailor and customize any kinds of dresses, sari-blouses and kurtas.

- For any of the above services, contact:
- 8098845200 WA/ ph.,
rupavathijoy@gmail.com

Rupavathi

FREE STORE WORKING HOURS

Mornings: Monday to Saturday, 9am—12:30pm

Afternoons: Tuesday & Thursday, 2:30—4:30pm

You're welcome to bring clean items to the Freestore.

We kindly ask that you come during open hours when someone is around, and avoid leaving things outside the door.

Kamala for the Free Store team

AI OFFICE HOURS

Every Saturday from 10—11am

Currently at the offices of Auroville Online Store
(auroville.com) in Aurosarjan Complex

Hands-on workspace for AV units and individuals to work on specific AI projects. Bring your problem, attempt a solution, and get support. Technical expertise not required. Drop-ins welcome, but advance notice appreciated. A collaborative space to explore and work on AI projects.

Please join the AV GenAI User Group on WhatsApp to be updated on any changes in Location and Timing.

• WhatsApp:

<https://chat.whatsapp.com/BY0sIYI38DwFFdAffBsCRJ>

AL Majumdar, +91 9843941207 WA

Voices & Notes

SOMETHING ELSE

The human drama
Everywhere, again and again...
Oohlala!
Fortunately, man is a transitional being.
Otherwise, just stay in Nirvana.
Now in the meantime,
Back to the churning.
The rationale of the City of Dawn
Is to concentrate the comedians¹
So that the needed few may be
Compelled to consent truly, finally,
To the Call of MahaShakti
As Her willing instruments
For something else.

<https://youtube.com/shorts/-oCGeFIICc?si=UdydF234L1qjRb9x>

Om Namo Bhagavate

¹ <https://zechjoya.blogspot.com/2025/08/but-it-is-comedy.html>

Note: for readers of the printed version, please scan the QR Code to access the links or go to this blogsite:

• <https://zechjoya.blogspot.com/>

Zech



AUROVILLE RADIO TV

Dear Aurovilians, your favourite radio is always working for you. Stay tuned!

Last published podcasts

- [Marlenka's weekly Offering—Ep.148](#) (Literature)
- [Savitri—Ep.18: Introductory Comments in Tamil by Dhanalakshmi](#) (Spirituality)
- [Samaran and Hemashri are interviewing their friends who are involved in community service](#) (Education)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.504](#) (Integral Yoga)

Latest Youtube video

- [Infinity—Cover by Ludmi—Auroville Singing Festival 2025](#)
- [Savitri Ep.6: Introductory Comments in Tamil by Dhanalakshmi](#)
- [Menstrual Wellbeing—Ep.3: Conversation with Kalvikarasi from Eco Femme](#)

...and more! on www.aurovilleradiotv.org

For more information write to radio@auroville.org.in

Sai Priya for Auroville RadioTV Team



Poetry

VASUDHAIVA KUTUMBAKAM

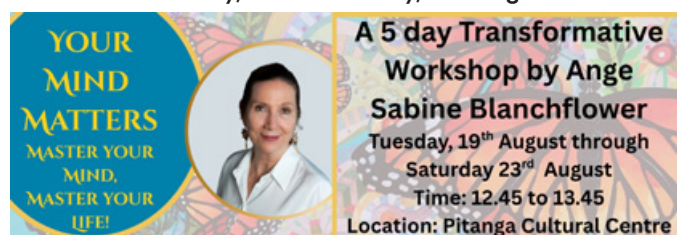
Humans race
To paint and erase
Racial disparity.
Does it undo the traces?
Can we slacken the pace?
Not until
The spirit rises
To the call of
One race—
humane-ity.

Anandi Z.

Classes, Workshops & Healing Arts

YOUR MIND MATTERS

Tuesday, 19—Saturday, 23 August



12:45—13:45pm

With everything going on around us, it's so easy to feel like our future is out of our hands. But actually... the right kind of goal can lift us above all that. Not the kind of goal we think we're "supposed" to have... but one that comes from deep inside, that excites you just thinking about it. Next week, I'm going to be sharing how to find that kind of goal.

Most people don't fail because they don't know enough.

They fail because they don't do what they already know. It's called the 'Knowing/ Doing Gap'!

Next week we close that gap. If this speaks to you, sign up for a FREE workshop in Pitanga.

- **RSVP please!** Seats are limited!

2622403/ 9443902403 WA
info@pitanga.in

Ange

AWARENESS THROUGH THE BODY, ATB

Saturday, 23 August,
9:30am—12:30pm

All are welcome for an introductory exploration of Awareness Through the Body (ATB). This practice, developed in Auroville, aims to build self-awareness and self-regulation, increasingly allowing us to lead from a place of deeper wisdom—our psychic center.



We use a variety of introspective and interactive, dynamic and still exercises gently leading us to a deeper space of awareness. Both new and experienced participants are most welcome!

- Prior registration required and [further details provided using the form](#)

Honor for Dancing Tree
dancingtree.smile@gmail.com,
9159856148 WA





www.quiethealingcenter.info, quiet@auroville.org.in

+91 9488084966, Mobile & WA

Woga® (Yoga in Water) Classes

- Thursday, 14 & 28 August, 4:30—6pm

Yoga in water is based on classic yoga poses and stretches, modified for standing in water, which is waist-to-chest high. Classes are structured like their yoga equivalents on land: breathing, warm-up exercises, a series of poses, and a relaxation period. The difference is that you are in a warm water pool (35°C).



The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.

- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Woga® (Yoga in Water) Course 1 & 2 with Pooja & Tamara

- 16—17 August, 8:45am—5pm, 12 hours

Woga is a combination of two words: water and yoga. It is based on classic yoga poses and stretches, modified for standing in water that is waist-to-chest height. Woga focuses on Hatha Yoga in water, including asanas performed in standing position, against the wall, in floating position, and under water. The course also includes pranayama and meditation.



By reducing the effects of gravity, water allows ease of movements, unblocks joints, lengthens and relaxes muscles, alleviates negative tensions, and prevents stress, insomnia and anxiety.

- **Prerequisites:** no previous experience required (also no need to know how to swim).

Woga® Instructor Training Course with Pooja & Tamara

- 19—24 August, 8:45am—6:30pm, 42 hours

During this 6-day course, you'll gain a fundamental understanding of Woga, enabling you to harness the benefits of yoga in warm water. The program includes learning a diverse range of Woga exercises, as well as receiving didactic resources for conducting Woga classes or integrating Woga into your aquatic fitness classes.



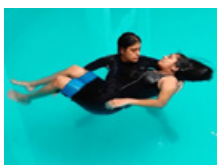
After successful completion of this course, you'll be certified as a professional Woga® Instructor.

- **Prerequisites:** Woga® 1 & 2 plus certified instructor in aquatic sports or any type of bodywork, or long-time bodyworker in any kind of activity.

Watsu® Basic with Pooja

- 25—26 August, 8:45am—6:30pm: 16 hours

Watsu is an aquatic bodywork modality given in a warm water pool (ideally 35°C). This basic course introduces the qualities and body mechanics required to work with someone in water in order to create a profound state of both physical and mental relaxation. In this course, you'll practice basic techniques and qualities (grounding, presence, stillness,



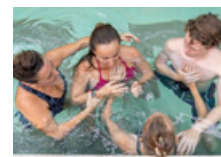
movement, attention) of being and moving another body in water. You will experience floating other people and being floated on the surface, thereby creating space for deep relaxation and nurturing body, mind and spirit.

- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Watsu® Yoga Round with Sheida

- Saturday, 30 August, 3—6:30pm

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and being present, offering a way to reconnect with your heart and experience an inner silence that is fully alive and vibrant.



When immersed in warm water during the Watsu Yoga Round, the body is free from the effects of gravity. The flow of movements and stretching, alternated with moments of stillness, invite progressive well-being: body and mind become free to dance!

- **Prerequisites:** no previous experience required (also no need to know how to swim!). **Guido**

HYBRID/ ONLINE WORKSHOP:

Radical Transformational Leadership for Here and Now 2025

Everybody can choose to be a radical transformational leader and contribute to addressing our challenges be it in our society, home or workplace. Our challenges of today need new transformations that source our inner capacities, and new design to make a difference.

Note: It consists of a series of 4 hybrid/ online workshops over 9 days, spaced apart by four to five weeks each. New capacities are introduced in each session and practiced inter-session to put these in action including weekly peer learning and coaching calls between each workshop session.

All participants must commit to participating in all the days in the four sessions.

- **Session 1:** 20—22 September, Saturday, Sunday, Monday
- **Session 2:** 18—19 October, Saturday, Sunday
- **Session 3:** 22—23 November, Saturday, Sunday
- **Session 4:** 20—21 December, Saturday, Sunday

The program will be held 8am to 5pm in person in Unity Pavilion or participants can attend online

- **Towards contribution**
- **To register:** [please fill in the form here](#) or email stewardship4newemergence@auroville.org.in by 23 August.
- Saranya: saranyaa2991995@gmail.com +91 8098938696
- Vishnu: vishnuwaiting4urmail@gmail.com +91 8300328846
<https://www.radicallytransform.org/>, Saranya, Vishnu

Mantras & Stotras

Traditional Chanting Class

@ Serendipity Community With Sonia Novaes

☑ Friday - 5 pm (regular class)

☑ Drop-in classes available

for individuals or groups - book your session



Info: serendipityauroville@gmail.com | +91 8940288090

Friday, 5pm (regular class) @ Serendipity Community

+91 8940288090, serendipityauroville@gmail.com

Sonia

Surya Performance Lab & CIRHU present:

FREEDOM OF THE BODY: DIALOGUE WITH THE CELLS

Thanks to the vision of The Mother and Sri Aurobindo
22, 23, 24 August, 9am—1pm @ Harmony Hall,
Bharat Nivas. Please come at 8:45am

An immersive, experiential workshop* guided by Philippe Pelen & Thierry Moucazambo Assisted by Bianca & Saman from Surya Performance Lab

Theme: Ananda—Joy in the Cells

According to The Mother and Sri Aurobindo, when the divine Power of Light and Ananda descends into the physical being, it can illumine and reshape the cells—awakening a consciousness that transforms the body into a vessel of beauty and delight.

- **This workshop invites you to journey** from mind to heart, and heart to body, through: Deep relaxation Healing frequencies Meditation & Pranayama Yoga & visualization Spontaneous natural dance

A joyful experience that opens the door to cellular dialogue and inner transformation.

- **Who Can Join?** Open to Aurovilians, newcomers, volunteers, and guests curious to explore cellular consciousness. Also ideal for returning participants seeking deeper practice—each workshop offers a unique experience.

Contribution:

- Aurovilians/ Newcomers/ Volunteers: Rs1500
- Guests: Rs 5000

- **Registration** is mandatory. Contact Bianca:

- bianca_nc@auroville.org.in, +91 8300387288 WA

Please wear light, flexible clothing, and bring a yoga mat or towel and a bottle of water.

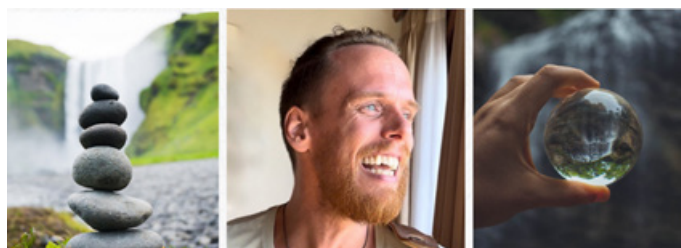
"All the cells of the body were athirst for that Light which wants to manifest." "Every cell of our being is a sacred temple where divinity resides. Personal transformation begins by honouring this sacred presence within us."—The Mother

Philippe and Thierry



INTEGRAL UNFOLDMENT

Transformational Coaching



Ready to go deeper? Explore your inner world gently, at your pace, with presence, curiosity & compassion.

Whether you're navigating life changes, seeking purpose, or feeling called to reconnect deeply with yourself, I offer 1:1 sessions grounded in presence, parts work, and embodied wisdom.

Curious to explore what's unfolding in you? Let's have a conversation...

By Dave (JOI Anitya), +44 7564119728 WA

BODY AWARENESS & RELAXATION WITH HANS

Wednesdays, 5—6:15pm

@ Budokan Dojo, Dehashakti

For more info: 8110848123 WA, Hans

SPEAKING FROM THE HEART

Experiential introduction

to Nonviolent Communication (NVC)

15, Friday & 16, Saturday, 9:30am—4:30pm

17, Sunday, 9:30am—1pm @ Pitanga Center

A practical and experiential introduction to Nonviolent Communication (NVC), a powerful process for deepening connection—with yourself and others.

In this 2.5-days workshop you'll learn to:

- Express yourself honestly without blame or judgment
- Listen with empathy, even in challenging conversations
- Recognize and speak from your underlying needs
- Build a foundation for more compassionate and authentic relationships

Who is it for? This workshop is for anyone who wants to communicate with more clarity, care, and connection—whether in personal relationships, family life, professional settings, or community work. No prior experience with NVC is needed. Come as you are.

- **Inquiry & contact:** info@pitanga.in/ 0413 2622403, +91 9443902403 WA

- **Registration:** Scan the QR code.

- Facilitated by Vega, CNVC certified trainer



Vega

AUROMODE SPA OFFERS COSMETOLOGY SERVICES

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring. Working from Monday to Saturday **only by appointment** call or WA: 9443635114.

Meha for Auromode SPA



World Game Summer Play!

Here is an opportunity to create 'your World' in a box filled with sand. This simple activity, known as 'Sandplay' opens up imagination and intuition, and reveals your own unique living soul.

What people say: "It was a very fluid, immersive and spontaneous experience, with all that one can choose from, play with and place in one's world. What was being built revealed a lot about my life trajectory and future orientation."

The duration of a session is 1.5 hours. It can be individual or together with a good friend. (A parent and child are welcome too.)

- Click to know more: [Adults](#) or [Children](#)
 - <https://spiritandnature.org.in>
- Contact Aikya: +919488084952 WA
 - spiritandnature@auroville.org.in

Submitted by Aikya

PITANGA CULTURAL CENTRE



Program, August 2025

Yoga and Classes

Days	Drop-in Classes	Timings	Presenters
Monday	Yoga Therapy	8—9:30am	Gala
	Listening Within	4—5pm	Mike
	Hatha Yoga	5:30—6:30pm	Priyamvada
Tuesday	Hatha Yoga	7:30—8:30am	Priyamvada
	Yoga: Restore & Relax	4—5:30pm	Florina
Wednesday	Yoga Therapy	8—9:30am	Gala
	Vinyasa Flow Yoga	5:30—7pm	Florina
Thursday	Prana Kriya	7:30—9am	Florina
	Aviva Exercise—for women only	4:30—5:30pm	Suriyagandhi
	Yoga: Restore & Relax	5:30—7pm	Florina
Friday	Pranayama, for former "The Art of Living" course participants	6:45—8am	François & Namrita
	Yoga Therapy	8—9:30am	Gala
	Vinyasa Flow Yoga	5:30—7pm	Florina
Saturday	Breathing & Mudra	8—9:30am	Gala
	Truth Based Relationships, practical sessions	2:30—4:30pm	Juan Andres

Classes by Prior Registration

Days	By appointment	Timings	Presenters
Thursday	Neurographica®—Art Therapy for adults	3pm—5pm	Gala
Friday	Neurographica®—Art Therapy for families	3pm—5pm	Gala

Healing Space

Presenter	By Appointment
Afsaneh	Bio-Resonance (with Bi-Com machine)
	Chiropractic
Auromira	Shamanic Healing
Heidi S	Acupuncture
Juan	Thai Yoga Massage
Jivatma	Sarga Bodywork®
Patricia G	Shiatsu, for Auroville residents only. Contact directly via WA message to schedule an appointment : +91 9487230399

Youth Activities

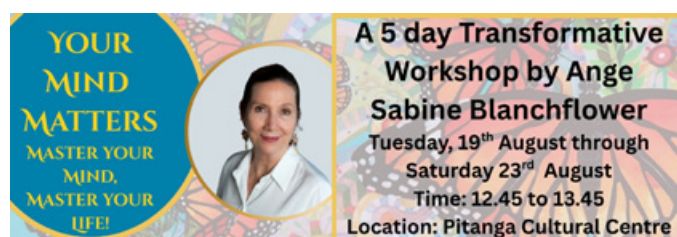
These are ongoing educational programs and not drop-in classes. If a child is interested, parents need to talk to the teacher before joining the class.

Days	Drop-in Classes	Timings	Presenters
Monday, Wednesday	Teen Yoga	4pm—5:15pm	Lisbeth, Florina

These classes are for the teenagers from AV schools. Parents are invited to register their children with Lisbeth at the start of the school season. Florina takes the classes in Lisbeth's absence.

Workshop

Your Mind Matters



- Tuesday, 19 — Saturday, 23 August, 12:45—13:45pm

A 5 day Transformative Workshop by Ange Sabine Blanchflower. Please register in advance with Pitanga.

[Read more on page 31.](#)

Pitanga joins Auroville's journey toward a cashless economy. Contributions are digital—either by FS account, Aurocard or UPI payment. Thank you for letting your guests know!

If you wish to receive our program of activities by email or WhatsApp, please write to us. See you at Pitanga, with a smile!

Anandamayi for Pitanga Team
2622403/ 9443902403 WA
info@pitanga.in

SOUND THERAPY & Self Healing

Rejuvenating soundbath combined with breathing techniques for maximum benefits: By immersing yourself in the vibrations from a sound bed you will start to connect with your body's consciousness.



By performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself.

These exercises can be continued as a Self-Healing practice at any time in the future.

- Contact 9385428400 call/ WA to book your session today!
- Donation Based

Submitted by Isha

ARKA WELLNESS CENTER

Program

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Barbara	- Yoga of Mother and Sri Aurobindo - Healing and Awareness on all levels (physical, vital, emotional, mental and psychic) - Mother's Flower Medicine (vibrational remedy) - Individual Sessions and Groupwork - Psychosomatic Therapy and Breath Therapy - Consciousness/ Energy/ Body Work based on Integral Yoga Only by appointment baritam@auroville.org.in
Pepe	- Body Logic - Soft Massage - Deep Tissue Massage - Monday to Saturday By appointment, +91 9943410987
Silvana TOS	- Cranio-sacral - Lomi Lomi - Kahuna massage - Barefoot body massage Monday to Saturday, by appointment only +91 9047654157
Antarjyoti <i>English & French</i>	Psychospiritual Introspective Tarot Reading - Deconditioning Self Inquiry - I ching oracle - Inner/subpersonalities forces awareness Monday to Saturday, by appointment only 0413 2623767, antarcalli@yahoo.fr
Niyati Thakkar	- Integral Regression therapy - Integral reiki healing - Holotropic technique breathwork Monday to Saturday, by appointment only +91 7041391995, narayani-nc@auroville.org.in
Shruti	Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice By appointment only, +91 7904769496 auroshruthi@auroville.org.in

Classes

Teachers	Classes	When
Damien TOS	Acroyoga	By appointment only, +91 9047722740
Teresa	Pilates	Tuesday & Thursday, 7:30—8:30am Friday, 5:30—6:30pm. By appointment only, +91 7867998952
Aurosugan & Priyanka	Eye yoga and wellness retreat	Monday to Saturday, 7—8am By appointment only +91 8012305151/ 9704258709

Services

Aurokiya: Eye care center

- Monday to Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, aurokiya@auroville.org.in

Morning Star: Birth & women wellness

- morningstar@auroville.org.in

Maatram: Psychological & psychiatric consultation

- By appointment, +91 9087709434 maatram@auroville.org.in

Convalescence Facility: Post-surgical and care facility

- For Aurovilians only, Max. stay 3 weeks
- Contact Arka 0413 2623799, arka@auroville.org.in

Emergency Services: Ambulance & emergency service

- +91 9442224680, ambulance@auroville.org.in

Svasti: Homeopathic consultation

- By appointment, +91 9428429642 adititva@auroville.org.in

Health & Healing Trust: Administration office

- healthhealingtrust@auroville.org.in

Ramana, Arka

VÉRITÉ PROGRAM

www.verite.in

Regular Events August

- 0413 2622045, 2622606, 9363624083 or programming@verite.in, www.verite.in



Classes

Days	Drop-in Classes	Timings	Presenters
Mondays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Hatha Vinyasa Yoga	5—6pm	Andres
	Deep Sound Bath	5—6pm	Satyayuga
Tuesdays	Sivananda Yoga	7:30—8:30am	Mani
	Yoga to Improve Flexibility	9:15—10:15am	Kalidas
	Creative Voice Sound Healing	5—6:30pm	Lola
	Peace with Pranayama No class 5 August	5—6pm	Mamta
Wednesdays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Hatha Vinyasa Yoga	5—6pm	Andres
	Taralaya Flow Dance	5—6:30pm	Vera
Thursdays	Sivananda Yoga	7:30—8:30am	Mani
	Prana Vidhya	9:15—10:15am	Kalidas
	Yoga Nidra	5—6pm	Radha
	Deep Sound Bath	5—6pm	Satyayuga
Fridays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Free Flow Dance	5—6:30pm	Vega
	Hatha Vinyasa Yoga	5—6pm	Andres
Saturdays	Balancing asanas No class on 2 August	7:30—8:30am	Kalidas
	Deep Sound Bath	5—6pm	Satyayuga
	Sivananda Yoga No class 16 August	5—6pm	Mani

Therapies. Pre-registration required

Therapist	Therapies (by appointment only)
Andres	Thai Yoga Massage Bodywork
Mamta	Face & Neck Massage
Mani	Yoga Chikitsa: Personalized Yoga Therapy
	Thai Yoga Massage
Mila	Biodynamic Craniosacral Therapy
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
	Head Massage & Hair Care
Radha	Ayurvedic Massage: Detoxifying & Energy Balancing
	Swedish Massage
Raja	Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage
Satyayuga	Healing Sound Bath with Tuning Forks
Vyshnavi	Energy Healing Reiki
	Holistic Foot Reflexology
	Holistic Rebalancing Massage

Workshops

Pre-registration required

Day & Date	Workshops, pre-registration required	Timings	Presenters
Saturday, 16 August	Relaxation & Deep Sound Bath	9:15—11:15am	Satyayuga
Saturday, 16 August	Introduction to Ayurveda & Its Lifestyle	2—4pm	Dr Geeta
Saturday, 23 August	Pawanamuktasana Series: Energize the Joints	9:15am—12pm	Mani
Saturday, 23 August	Face & Eye Yoga	2—4:30pm	Mamta
Friday, 29 August	Why Yoga Works: An Experiential & Scientific Exploration	9:15am—12pm	Dharani
Saturday, 30 August	Exploring the Various Yogic Tools for Enhancement in Breathing capacity	9:15am—12pm	Mani
Saturday, 30 August	Perimenopause, Portal to Power: Renewal for Women in Transition	9:15am—4:30pm	Auromira
Saturday, 30 August	Yoga Nidra: Deep Relaxation	2—4:30pm	Kalidas

Relaxation & Deep Sound Bath—with Satyayuga

• Saturday, 16 August 9:15am—11:15pm

This session offers a deeply soothing experience rooted in the ancient art of sound healing. Using the unique frequencies of instruments such as Tibetan singing bowls, xylophone, and drums—accompanied by mystical chanting—it gently guides you into a state of profound relaxation. These vibrations work to awaken the inner being and align the body, heart, and soul with the universal frequency, promoting healing on a cellular level and restoring harmony within.

Introduction to Ayurveda and its Lifestyle with Dr. Geeta: Saturday 16 August, 2—4pm

Ayurveda, the ancient Indian medical system, offers simple lifestyle practices for self-care and healing. Learn the principles and practices of diet, exercise, sleep and relaxation which help to detoxify, rejuvenate, and restore balance to body, mind and spirit, according to your own nature.

Pawanamuktasana Series: Energize the Joints with Mani

• Saturday, 23 August, 9:15am—12pm

A structured series focusing on gently and safely moving the joints, from the toes to the neck, to help release energy blockages and reduce stiffness and muscular tension. The practice enhances circulation and range of motion, supporting a balanced flow of prana (vital energy) throughout the body, which is often experienced as an increase in energy level and a sense of lightness in the body-mind.

Face & Eye Yoga with Mamta

• Saturday, 23 August, 2—4:30pm

Learn simple self-massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve the efficiency of our sense organs, and tips on preventing eye damage caused by screen time.

Anandhi & Radha

NEWS FROM Auroville Language Lab,



Tomatis: We still have some spaces for Aurovilians, New-comers and Volunteers adults, teenagers and kids to do the Tomatis listening training programs—so don't delay to grab these spots. Have a look at <https://www.aurovillelanguage.org/alfred-tomatis-method/> for more info. If you have been waiting a while, or thinking about this for long, now is your chance. Send an email to tomatis@aurovillelanguage.org. Due to some postponements, two-week and three-week slots have opened up, which are great for the 30-hour Wellness Listening Training programs or shorter language programs. Open to all.

• Resonance, the book!

Check it out at <https://books.aurovillelanguage.org>

• To enquire or register:

- tomatis@aurovillelanguage.org
- or call 0413 2622467 or 3509932

Courses: Current Schedule of Classes as of 25 July

- <https://aurovillelanguage.org/current-schedule/>

New! Spanish Course with Mila

Beginner classes: Starting Monday, 18 August provided a minimum number of registered students.

• Mondays and Wednesdays, 2:30– 4pm

This will be a special program which will span three blocks of 3 months each (36 hours) and ultimately take the students up to conversational fluency.

Please register soon by contacting the Language Lab

- info@aurovillelanguage.org or
- online: <https://aurovillelanguage.org/registration/>

Intermediate classes: Also planned are classes that will interest students who already have gone through beginner levels in the past and are looking to deepen their Spanish proficiency in its various aspects (speaking, reading, writing and grammar). If this fits your profile, you are invited to register as soon as possible; this will help get minimum registration numbers up quickly and confirm a starting date and times.

German—online private classes:

Our German class teacher Verena is back offering online private classes. Please contact the lab to register.

<https://aurovillelanguagelab.org/registration/>

Beginner and Advanced Korean classes

Next Saturday at 3pm, we will be starting beginner Korean language classes.

Also, Mint will be starting **advanced Korean classes** starting next Wednesday, 13 August, 11am for those who already have a basic level.

Italian classes starting again

We're happy that Karuna has returned to re-start her excellent classes in Italian for all levels.

Please register as soon as you can; the sooner we have a sufficient number of students, the sooner we can start!

<https://aurovillelanguagelab.org/registration/>

French Classes

French classes with Jean Francois restarting!

Jean Francois is back at the Language Lab with a new and exciting course cycle in French. Tailored for all levels from beginner to advanced, his classes will begin in August.

New! Beginner French: This 16-hour, 2-month course, is ideal for those who want to discover the French language. The classes are highly interactive, covering vocabulary of everyday life and the basics of grammar. By the end of the course, you will be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, in a simple way.

- Course started on 11 August.
- Classes on Mondays and Wednesdays, 2:30—3:30pm.

New! French Conversation (Pre-Intermediate level)

This 16-hour, 2-month course, is ideal for those who possess a little knowledge of French but are not yet comfortable conversing. The course will focus on day-to-day topics and will be a good mix of grammar, verbal as well as written exercises. By the end of the course, students will be able to communicate in the present, past and future tenses. Students can join the class at any time.

- Course started on 12 August.
- Classes on Tuesdays and Thursdays, 2:30—3:30pm

For more information or to register, please contact the Language Lab at info@aurovillelanguage.org

English Classes

New! Next-Gen English: AI, Projects & You

Ready to take your English to the next level? Join us for a fun and flexible language course where learning is anything but boring! Get customized English classes designed around your communication goals. Contact the lab to learn more.

Private and group classes for English

- **Rupam** : Our private and group classes are tailored to meet the unique needs of each student. However, please note that learning is not confined to the hour you spend with me. To truly develop a new skillset, it must become a part of your lifestyle. Be prepared to engage in various exercises that will challenge you to step out of your comfort zone and overcome your inhibitions.
- **Vismai**: offers English conversation lessons one-on-one and to small groups limited to 2-3 learners. Her classes are customized according to each individual's level and pace. Each class is divided into several segments focusing on aspects such as pronunciation, tuning the ear to various accents, fluency in conversation, basic grammar, reading comprehension, idiomatic expressions, and sentence construction. The lessons make use of poetry, film, song, and quiz to allow an easy assimilation of the language. Enquire for timings.

Intermediate English w. Ashwini

- Wednesday and Thursday, 4:30—5:30pm

Ashwini will take on a new group of students and work through her proven English lesson plans that she has been giving for over a decade. Head on over to the Lab's online form and complete your registration now so that we can keep you posted!

<https://aurovillelanguagelab.org/registration/>

Coming soon! Pre-Intermediate English w. Ashwini. There are plans for taking on a new batch of beginner English students some time mid-July (depending on registration take-up). Keep an eye out for confirmed dates in upcoming News & Notes and the Lab's online course schedule here: <https://www.aurovillelanguagelab.org/current-schedule/>

Other Languages

Spoken Hindi for Beginners w. Ashwini

- **Registration Open!** New class starting in June with specific dates to be confirmed, Wednesdays and Fridays, 5:30—6:30pm.

Brush up your language proficiency with this 12-hours Hindi crash course. We will fast-track our way to acquiring an essential vocabulary for everyday conversations using techniques to speak effectively and confidently. This will be supplemented with quick and widely applicable grammar tips.

Tamil Beginner w. Saravanan

- **Registration still open!** Course starting in July, Tuesdays and Fridays, 9:30—10:30am.

Especially suitable for those who have gone through a beginner level, this course will help you apply the fundamentals acquired earlier while gaining confidence in conversational Tamil. Our fun, interactive lessons and supportive environment will make it easy and enjoyable.

Call for Arabic Language Teacher

We are seeking a dedicated Arabic teacher with a native-level command of the language for one-on-one lessons. If you are enthusiastic about sharing your expertise, we would love to hear from you! Please send a brief cover email outlining your experience to info@aurovillelanguage.org.

Reminder about our free Evening Programs

The evening conversation sessions are a chance for all to practice speaking with native speakers offering their time:

- Mondays 5—6pm:
 - French with Isabelle, 1st, 3rd and 5th week of the month
 - French w. Coco and Gaspard, 2nd and 4th week of the month
- Tuesdays, 5—6pm: Spanish with Gloria
- Wednesdays, 5:30—6:30pm: Sanskrit chanting with Remesh

We are still looking for native speakers to facilitate German, Italian and English conversation. Actually, any weekday from 5—6pm is open for people to offer their language.

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Communication with the Lab

Service through our BSNL phone numbers: 2623661 (Lab) and 2622467 (Tomatis).

- **For language-related matters:**
 - +91 9843030355WA.
- **For Tomatis** please use 0413 3509932.

Current Schedule of Classes, 7 August

Lan- guage	Level	Time	Days of Class
English	Next-Gen English: AI, Projects & You	10:30–11:30am	Tuesday & Thursday with Rupam
	Creative Writing	9:30–10:30am	Monday & Wednesday Monthly, with Rupam
	Intermediate with Ashwini	4:30–5:30pm	Wednesday & Thursday
	Kids with Ashwini	5:30–6:30pm	Wednesday & Thursday
French	Beginner—Adults Starting September	3–4:30pm	Wednesday & Friday with AuroAsha
	Beginner Starting 11 August	2:30–3:30pm	Monday and Wednesday with Jean Francois
	Intermediate Starting 12 August	2:30–3:30pm	Tuesday & Thursday with Jean Francois
Korean	Beginner Starting 9 August	3–4pm	Saturday with Mihong
	Advanced Starting 13 August	11am–12pm	Wednesday with Mint
Spanish	Starting 18 August	2:30–4pm	Monday & Wednesday
	Intermediate TBC	TBC	TBC with Mila
Tamil	Beginner	9:30–10:30am	Tuesday & Friday with Saravanan
German	Beginner Intensive	8:48–10:15am	Monday to Friday with Benedict
Hindi	Spoken—Beginner	5:30–6:30pm	Wednesday & Friday with Ashwini
Italian	Beginner	4–5pm	Tuesday & Thursday with Karuna

Mita, Mano, Louis & Vismai
for Auroville Language Lab

LEARN

English and Hindi

- Learn spoken/ written English and Hindi language for fluency and confidence!
- For more information contact Ashwini: 8270512606.

Ashwini, Aspiration



Cinema

ECO FILM CLUB:

Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30 Tour of Sadhana Forest
 - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
 - 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.



- For more information about the bus service please contact Sadhana Forest at 8525038274.
- Note: Families and children are welcome! Dinner for children will be served at 19:00. :)

Friday, 15 August

A Beautiful Planet

2016/ 46 minutes/ IMax

This is a documentary that offers stunning, high-definition views of Earth from space. Narrated by actress Jennifer Lawrence, it showcases the beauty of our planet, highlighting its natural wonders, ecosystems, and the impact of human activity on the environment. The film provides a unique perspective of Earth from the International Space Station, combining breathtaking visuals with a message about the need for environmental awareness and preservation.

Submitted by Aviram

NEW MOON MOVIE

22 August at 5pm

@ Multimedia room, Centre d'Art, Citadines

Every New Moon day Art movie screening at Centre d'Art, Citadines. This month it will happen on Friday, 22 August at 5pm.

Faces Places by Agnes Varda, 2017, 93min

Original version with English subtitles

Faces Places (Visages Villages)

is a 2017 French documentary film directed by renowned filmmaker Agnès Varda and artist JR. The film documents the duo as they journey through rural France, capturing the portraits of the people they meet along the way. Their collaborative process leads them to create large-scale portraits, which are then displayed on buildings and other public spaces, leaving a profound impact on both the subjects and the communities they visit.



The film is an exploration of art, human connection, and the power of shared experiences, bridging generational and cultural gaps through the simple act of portraiture.

Everybody is welcome

Submitted by Marco



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
18—24 August

Cinema Paradiso—Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/ beverage to be taken inside the hall.

Indian—Monday, 18 August, 8pm

Viduthalai: Part 1

India, 2023, Dir. Vetrimaaran & Sujith Rajendiran w/ Soori, Vijay Sethupathi, Bavani Sre, and others, Action-Drama, 150mins, Tamil w/ English subtitles, Rated: NR (R)

Set in 1987 rural Tamil Nadu and adapted from Jeyamohan's short story Thunaivan, constable Kumaresan joins a ruthless police unit hunting Perumal, a rebel leader shielding oppressed villagers. As Kumaresan witnesses brutal injustice and falls for Tamarasi, he's torn between loyalty and morality—facing a choice that could redefine his soul. *This film had sparked national conversations on police ethics and civil rights.*

Potpourri—Tuesday, 19 August, 8pm

Uccellacci e Uccellini

(The Hawks and the Sparrows)

Italy, 1966, Writer-Dir. Pier Paolo Pasolini w/ Totò, Ninetto Davoli, Femi Benussi, and others, Satire-Fantasy, 91mins, Italian w/ English subtitles, Rated: NR (PG)

Totò and his son Ninetto wander through surreal landscapes, encountering a Marxist crow who recounts tales of friars preaching love to hawks and sparrows. As they meet landlords, actors, and the poor, their journey becomes a whimsical yet biting reflection on power, ideology, and human nature, culminating in a darkly comic twist that leaves viewers pondering justice and absurdity. *This acclaimed film is included in Italy's "100 Films to Be Saved" list for its cultural impact. A must see!*

Selection—Wednesday, 20 August, 8pm

The Theory of Everything

UK-Japan-USA, 2014, Dir. James Marsh w/ Eddie Redmayne, Felicity Jones, Tom Prior, and others, Biography-Romance, 123mins, English-French-Ukrainian w/ English subtitles, Rated: PG-13

In this acclaimed, award-winning film, Stephen, a brilliant Cambridge physicist, falls for Jane, a passionate literature student. When diagnosed with ALS, his body begins to fail—but his mind soars. As Jane supports his rise to scientific fame, their love is tested by time, illness, and ambition. Their journey is a moving testament to resilience, intellect, and the enduring power of connection. *Witness the extraordinary mind, the unbreakable spirit, and the love that defied time, Stephen and Jane's story will move you beyond the stars.*

Interesting—Thursday, 21 August, 8pm

Nature of the Crime

USA, 2024, Writer-Dir. Ricki Stern & Jesse Sweet w/ Chad Campbell, Richard Healy, Ron Kuby, and others, Documentary, 89mins, English w/ English subtitles, Rated: NR (PG-13)

The film follows Chad Campbell, Todd Scott, and Carlos Robello, three men convicted of violent crimes as teenagers now seeking parole after decades in prison. Through personal interviews and rare access to the parole process, it explores the emotional toll of incarceration, the challenges of rehabilitation, and the moral tension between justice and redemption. At its heart, it's a story about reckoning the past and the human capacity for change. *This film has been generously shared by ROCO Films, who selected only*

a handful of communities worldwide to screen it. We are deeply thankful. It's a thought-provoking, emotionally resonant work that challenges viewers to reconsider how justice is defined.

International—Saturday, 23 August, 8 pm

Nunta Pe Bani (Nunta Pe Ban)

Romania, 2023, Writer-Dir. Cristian Ilisuan w/ Mircea Popa, Alexandra Spatarelu, Adrian Cucu and others, Comedy, 96mins, Romanian-English w/ English subtitles, Rated: NR (PG-13)

Mircea despises weddings—until a viral Facebook rant and a mountain of debt force him to stage his own. With help from his quirky friend Cucu and reluctant fiancée Alexandra, he scrambles to turn the event into a profitable business. What follows is a chaotic, laugh-out-loud race against time, where tradition, ego, and economics collide in the most Romanian way possible. *Time for some laughs. Come for the chaos, stay for the comedy.*

Children's Matinee—Sunday, 24 August, 4pm

Buffalo Kids

Spain, 2024, Writer-Dir. Juan Jesús García Galocha & Pedro Solís García w/ Mia Pérez Ullod, Jaume Solà, Javier Cassi Gimeno, and others, Adventure-Animation, 93mins, Spanish-Cheyenne w/ English subtitles, Rated: NR (PG)

Orphaned siblings Tom and Mary sneak aboard a train with other children, hoping to find their missing uncle. Along the way, they befriend Nick, a silent boy in a wheelchair, and Sparky, a stray dog. Together, they brave danger and discover the true meaning of family, friendship, and belonging. *A heartfelt adventure for all.*

Classic World Cinema @ Ciné-Club

Ciné-Club Sunday, 24 August, 8pm

Jalsaghar (The Music Room)

India, 1958, Dir. Satyajit Ray, w/ Chabbi Biswas, Padma Devi, Gangapada Basu, and Others Drama-Music, 95 mins, Bengali w/ English subtitles, Rated: PG

A wealthy aristocrat clinging to his past glory in the face of financial ruin. His grand mansion, Jalsaghar, now stands as a decaying relic of a bygone era and stubbornly refuses to adapt to changing times or acknowledge his declining fortunes. Movie is a haunting meditation on the perils of nostalgia, the clash between tradition and modernity, and the inexorable passage of time in a rapidly changing world.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/ program at MMC kindly email us at mmcauditorium@auroville.org.in. We kindly request you to set up a recurring contribution for "MMC-CP" or "Film-maker-guest Expense" via Unity Fund or make a one-time donation there. Your support is crucial in sustaining this effort, thank you for being part of it!

Nina for MMC/ CP, Group Account# 105106,
mmcauditorium@auroville.org.in

About N&N

NEWS AND NOTES GUIDELINES

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

The aim of News & Notes is to support any idea, that can shift Auroville as a community towards solutions:

- *If you see the problem and can share creative and constructive ways of sorting it out, we will print your article.*
- *If you are unsatisfied how the things are going on and simply want to express your frustration, we will not.*

Visiting hours:

- Monday & Tuesday, 10am—12pm

Hard deadline for submissions:

- Tuesday 3pm

Poster to publish:

- Width 9.5cm x Height 4cm

We maintain the right not to publish posters that are bigger than that or have text too small to be read in printer version or to publish them cut, or in icon size, or reformatted in a best way to fit the style of the newspaper.

Katiya (AgniJata) & Alexey
News & Notes, Media Centre, Townhall,
NewsAndNotes@auroville.org.in

Emergency Services

Ambulance (24/7):

- Auroville—9442224680
- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/ 7):

- 108

Accessible Auroville Public Bus

avbus@auroville.org.in



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town Hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Below link to join WhatsApp group of Auroville Bus

to get the regular updates of the bus:

<https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>